



12301 Old Columbia Pike, Silver Spring MD 20904

Tel: 301.424.1130

www.mannafood.org

referral@mannafood.org

Distribution sites and/or pick-up times:

HOW TO GET FOOD FROM MANNA:

Montgomery County residents are eligible for **monthly pickups** and **must call to schedule each pick-up**. You may call Manna directly at 301.424.1130 or contact the Department of Health and Human Services at 240.777.0311. Pickups must be scheduled no later than 12pm one business day before the distribution.

When you call, please be prepared to provide information such as household size and household income, date of pick-up and your preferred location from the list below.

Manna Market (OCP)

12301 Old Columbia Pike
Silver Spring, 20904

*Indoor **choice pantry***

Monday: 10am-12pm

Tuesday: 10am-12pm,
2 - 5pm

Wednesday: 10am-12pm

Thursdays: 10am-12pm,
2 - 5pm

Fridays: 10am-12pm,
1 - 3pm

1st Saturday: 9am-12pm

Church of the Redeemer (COR)

19425 Woodfield Rd.
Gaithersburg, MD 20879

Outside in the parking lot

Mondays: 2:00 pm - 4:30pm

Glenmont United Methodist Church (GLEN)

12901 Georgia Ave
Silver Spring, 20906

*Outside: in the parking
lot*

Tuesdays: 3pm-6pm

Montgomery College Germantown Campus (GERM)

20200 Observation Drive,
Germantown, MD

*Parking Lot 1 – next to the
Bus Stop (enter via Route
118/Germantown Road)*

Wednesday: 2pm-5pm

Gaithersburg Middle School (GMS)

2 Teachers Way,
Gaithersburg, 20877

*Outside: in the parking lot
by the cafeteria*

Thursdays: 5pm-7pm

Colesville Presbyterian Church (CPC)

12800 New Hampshire Ave
Silver Spring, 20904

Choice pantry

3rd Saturday only:
10am-12pm

Pilgrim Church UCC (PCUCC)

2206 Briggs Road,
Silver Spring, 20906

*Indoor **choice pantry***
access through side door*

3rd Monday only:
2:30pm-5:00pm

Manna Choice Market at the Grove (USG)

9631 Gudelsky Drive, USG Lot 2
Rockville 20850

*Indoor **choice pantry***
USG Building IV, Room G318

2nd Wednesday only:
3pm-6pm

At your pick-up: Proof of Montgomery County residence is required: ID, or utility bill, or lease copy, or bank statement, etc.
If you are unable to pick-up your food on the scheduled day, please call us to reschedule your pick-up.

We thank the Montgomery County Department of Health and Human Services and our corporate, individual and foundation supporters.



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COMO RECIBIR ALIMENTOS DE MANNA:

Los residentes del Condado de Montgomery son elegibles para **recibir alimentos mensualmente** y deben llamar para programar una cita. Puede llamar a Manna directamente al 301.424.1130 o comunicarse con el Departamento de Salud y Servicios Humanos al 240.777.0311. Las solicitudes de alimentos deben programarse a más tardar las 12 p.m. del día anterior a la distribución.

Cuando llame, favor estar preparado para responder a ciertas preguntas, por ejemplo: su nivel de ingreso y su composición familiar.

Sitios y horas de distribución:

Manna Market (OCP) 12301 Old Columbia Pike Silver Spring, 20904 *Adentro, Distribución de selección* Lunes: 10am-12pm Martes: 10am-12pm, 2 - 5pm Miércoles: 10am-12pm Jueves: 10am-12pm, 2 - 5pm Viernes: 10am-12pm, 1 - 3pm <u>Primer Sábado: 9am-12pm</u>	Glenmont United Methodist Church (GLEN) 12901 Georgia Ave Silver Spring, 20906 *Afuera, en el parqueo* Martes: 3pm-6pm	Gaithersburg Middle School (GMS) 2 Teachers Way, Gaithersburg, 20877 *Afuera; en el parqueo junto a la cafetería* Jueves: 5pm-7pm	Pilgrim Church UCC (PCUCC) 2206 Briggs Road, Silver Spring, 20906 *Adentro, distribución de selección ; acceso por puerta lateral* <u>3er Lunes de cada mes solamente:</u> 2:30pm-5:00pm
Church of the Redeemer (COR) 19425 Woodfield Rd. Gaithersburg, MD 20879 *Afuera; en el parqueo* Lunes: 2:00 pm - 4:30pm	Montgomery College Germantown Campus (GERM) 20200 Observation Drive, Germantown, MD *Estacionamiento 1 - Junto a la parada de autobús (ingrese por la Ruta 118/Germantown Road)* Miercoles: 2pm-5pm	Colesville Presbyterian Church (CPC) 12800 New Hampshire Ave Silver Spring, 20904 *Adentro, Distribución de selección* <u>3er Sábado de cada mes solamente:</u> 10am-12pm	Manna Choice Market at the Grove (USG) 9631 Gudelsky Drive, USG Lot 2 Rockville 20850 *Adentro, Distribución de selección* USG Edificio IV, Cuarto G318 <u>2do Miércoles del mes:</u> 3pm-6pm

Para recoger los alimentos, deberá demostrar que vive en el condado de Montgomery utilizando una identificación o alguna factura de alguno de los Servicios Públicos, copia de su contrato de arrendamiento, etc.

Si no puede recoger su comida en el día programado, llámenos para reprogramar su cita.