

October 1-31, 2024

Kids Helping Kids is an anti-hunger campaign to engage students in Montgomery County schools to raise food and funds for their peers facing food insecurity across the county.

This food drive teaches children valuable lessons about hunger, engages students in giving, and shows children that they have the power to make a difference in their community!

Help us continue our mission to share food resources with hungry children in Montgomery County.

Most Needed Foods



Grains

- Instant oatmeal packets, original
- Brown rice (16 oz)
- Whole grain pasta (16 oz)

Proteins

- Tuna, Salmon, or Chicken (in water)
- Dry or canned beans (low sodium)
- Natural nut butters

Fruits & Veggies

- Canned vegetables (low-sodium)
- Canned fruit (in juice)
- Fruit cups

Other Healthy Items

- Shelf-stable, individual milk boxes
- Cooking oil & spices



2024 Kids ()) Helping Kids ())

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For further questions, contact: Russel Martinez, russel@mannafood.org



HOW TO REGISTER:

We invite all Montgomery County schools to join this impactful campaign! Participating schools must fill out the online registration form by Friday, September 27, 2024.

To register, please visit: <u>www.mannafood.org/KHK</u> and click the registration tab.

TRUCK PICK-UP GUIDELINES:

If your school collects **300 pounds or more** of food, a Manna Food truck will collect your schools donations. Please allow up to two weeks after your drive ends to coordinate a pickup, due to high volumes. Limited to **ONE** pickup per school.



All donation boxes must be stored in a sturdy box that can be lifted by hand without breaking.

Collected food must be combined and located near an external door or loading dock when the Manna truck arrives on the day of pickup.

Does your school have **less than 300 pounds?** Please drop off donations at Manna's warehouse (9311 Gaither Road Gaithersburg, MD 20877), Monday – Friday, 8am to 3pm.

DOWNLOAD:

Please visit <u>www.mannafood.org/KHK</u> to find helpful materials, including Manna's Most Needed Food list.