

2023

Kids



Helping

Kids



October 1-31, 2023

Kids Helping Kids is an anti-hunger campaign to mobilize students in Montgomery County schools to raise food and funds for their hungry peers across the county.

Donating to this food drive teaches children valuable lessons about hunger, engages students in giving, and shows young people that they have the power to make a difference in their community.

Join the fight to end hunger!



12301 Old Columbia Pike
Suite 200
Silver Spring, MD 20904
301-424-1130 * www.mannafood.org

Most Needed Foods



Grains

- Instant Oatmeal Packets, original
- Brown Rice
- Whole Grain Pasta

Proteins

- Tuna, Salmon, Chicken (in water)
- Dry / Canned Beans (low sodium)
- Natural Nut Butters

Fruits & Veggies

- Canned Vegetables (low sodium)
- Canned Fruit (in juice)
- Fruit Cups

Other Healthy Items

- Shelf-stable, individual milk boxes
- Cooking Oils & Spices
- Infant Formula & Baby Food

THANK YOU FOR PARTICIPATING IN KIDS HELPING KIDS!

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For further questions,
contact:

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HOW TO REGISTER

We invite all Montgomery County schools to join this meaningful campaign! Participating schools must fill out the online registration form by Wednesday, September 27, 2023.

To register, please visit: www.mannafood.org/KHK and click the registration tab.

TRUCK PICK-UP GUIDELINES

If your school collects **300 pounds or more** of food, a Manna Food truck will collect your schools donations. Please allow up to two weeks after your drive ends to coordinate a pickup, due to high volumes. Limited to **ONE** pickup per school.



All donation boxes must be stored in a sturdy box that can be lifted by hand without breaking.

*Collected food must be aggregated and located near an external door or loading dock when the Manna truck arrives on the day of pickup.

Have less than 300 pounds? Please drop off donations at Manna's warehouse, Monday - Friday, 8am to 3pm.



DOWNLOAD

Please visit www.mannafood.org/KHK to reference helpful materials, including Manna's Most Needed Food list.