



# Mexican Green Goddess Dressing

Recipe from: It's all Good: Delicious, Easy recipes that will make you look good and feel great.

## Ingredients:

- 2/3 cup plain Greek yogurt (I use Fage)
- 1/4 cup cilantro
- 2 scallions, white and light green parts only, roughly chopped
- 1/4 cup freshly squeezed lime juice
- 1/2 green jalapeño, roughly chopped
- 1-2 cup extra virgin olive oil
- 1/2 teaspoon salt
- 1 tablespoons honey

## Directions:

1. Combine all the ingredients in a powerful blender and blitz until completely smooth

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# Aderezo Diosa verde Mexicana

Receta de: It's all Good: Delicious, Easy recipes that will make you look good and feel great.

## Ingredientes:

- 2/3 taza de yogurt Griego sin azúcar (yo uso Fage)
- 1/4 taza de cilantro
- 2 cebollines verdes, partes blancas y verde claro solamente, picado
- 1/4 taza jugo de limón
- 1/2 jalapeño, picado
- 1/2 taza de aceite de oliva extra virgen
- 1/2 cucharada de sal
- 1 cucharada sopera de miel

## Preparación:

1. Combina todos los ingredientes en una licuadora y licúalos hasta que queden bien mezclados.



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