



Annual Report 2019

*Sharing Good Food in
Welcoming Spaces*

Independence Now staff tour the new market in East County.

Dear Friends,

Have you ever asked yourself, “Where did the time go?” Time has definitely gone quickly for Manna Food Center but the year has brought many rewarding successes that we are proud to share in this annual report. During this past fiscal year, we addressed many new challenges presented to us by the changing environment in Montgomery County, Maryland and the country. Whether dealing with a Federal government shut-down or convening conversations on racial equity and social justice, our vision of a county where everyone lives in dignity and no one goes hungry remains steadfast. This year we reached **34,250 neighbors** by distributing 3.1 million pounds of nutritious food while also educating students of all ages through Manny, our “kitchen on wheels.”

With the support of our Board of Directors, donors, volunteers, and local policy makers, we laid the groundwork of a “**Food for All**” Capital Campaign which will allow Manna to reach 10,000 new hungry children, seniors and working poor by the end of 2020. This bold approach is focused on offering healthy, tasty, culturally appropriate food to high-poverty neighborhoods. We are also committed to strengthening those communities in partnership with organizations who share our values.

Our “Food for All” campaign reflects our strategic priorities and already we have much progress to be proud of and celebrate this year. We opened a new choice pantry distribution site at Gaithersburg Middle School, increased food rescue work in the community kitchen we share in Silver Spring, and opened our second school-based pantry where several moms who receive food also volunteer.

Our work grows out of a commitment to frugality, prosperity, and excellence. As a leader in the local not-for-profit community, Manna upholds high standards of accountability and transparency. This year we were recognized by the Catalogue of Philanthropy, Guide Star, and Charity Navigator with superior ratings.

We are grateful for the time and commitment of our dedicated staff, supportive volunteers, and generous donors. As you read this annual report, we hope the review of successes will energize you for the future. We look forward to seeing you soon as we launch the public phase of “Food for All” with a series of activities designed to inspire your deeper investment.

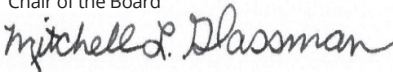
There is still much work left to be done to achieve “Food for All,” and your continued support will make it all possible.

Ending hunger: It’s What we do!

Jackie DeCarlo
CEO



Mitchell Glassman
Chair of the Board



“Our vision of a county where everyone lives in dignity and no one goes hungry remains steadfast.”



Board of Directors

Executive Committee

Past Chair
Selena Mendy Singleton
Community Advocate

Chair
Mitchell Glassman
Managing Director
MLG Consulting, LLC

Chair Elect
Lisa Davis
Senior Vice President,
No Kid Hungry Campaign
Share Our Strength

Treasurer
Jorge Espinosa
Senior Commercial Lender
TD Bank Group

Board Members

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Mid-Atlantic Region
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Volunteer

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Sodexo, Inc.

Holly Wong
Vice President
Global Health Advocacy
Incubator

SERVING NEIGHBORS IN NEED

MAKING AN IMPACT


 **34,250 participants** served
3.1 million pounds of food distributed

FOOD INSECURITY IN MONTGOMERY COUNTY


1 out of every 15 people in Montgomery County are estimated to experience food insecurity.




30,022 elementary school students qualify for Free and Reduced Meals (FaRMs).



20% of County Seniors (55-64 yo only) live below the self-sufficiency standard.




\$ 40.99/ hour needed for a family of 3 (1 adult, 1 infant, 1 school-aged child) to be self-sufficient in Montgomery County.



HEALTH & SUSTAINABILITY

29.6% of Montgomery County adults eat fruits and vegetables the recommended 5 times per day.



147,000 tons of food Scraps disposed of per year in Montgomery County represents 23% of solid waste disposed.



Data sources: Feeding America, Montgomery County Public Schools, The Self-Sufficiency standard for Maryland (2016), Healthy Montgomery, and the Division of Solid Waste Services.



Caped heroes Marilyn Lynk on behalf of Adventist HealthCare (Corporate Partner of the Year), Jeff Miller (Individual Hero of the Year), and Anna Hargrave on behalf of The Community Foundation in Montgomery County (Community Partner of the Year).



U.S. Sen. Chris Van Hollen with Manna food drive volunteers during MLK Food Service Weekend Food Drive.

Celebrating Food & Friends

Heroes come in all shapes and sizes to help Manna's mission extend to all in our community. At our annual **Heroes Against Hunger** Awards reception in April, we celebrated our heroes of service in Montgomery County. It takes a village to end hunger and our honorees represent how individuals, community groups, and businesses can come together to solve problems and change lives. Congratulations to Jeff Miller (Individual Hero of the Year), Adventist HealthCare (Corporate Partner of the Year), and The Community Foundation in Montgomery County (Community Partner of the Year) for their outstanding commitment to eliminating hunger in Montgomery County!

MLK Food Drive Brings Elected Officials and Community Together

Amid the partial government shutdown, we collected a total of **28,542 pounds** of food during the MLK Service Weekend Food Drive held on January 19th and 20th at participating Giant Food stores in Montgomery County. Food drive donations increased by 87% from the previous year. Over 200 Manna volunteers and 22 elected officials collected food items from shoppers throughout the weekend of service.

“We witnessed the strength and compassion of our community during MLK Service Weekend. The shutdown opened the public's eyes to ongoing issues around food insecurity here in Montgomery County.”
Jackie DeCarlo



MANNA FOOD CENTER'S
Campaign to End Hunger in Montgomery County

This past year has been one of exciting transition for Manna Food Center. Through the dedicated support of donors like you we have been able to steadily grow our programming and services. Manna is excited to announce that now we have launched a **bold expansion plan** focused on bringing fresh food to high-need communities where poor transportation and other barriers make access to healthy food challenging.

How are we doing this? Through the transformation of our current warehouse at 9311 Gaither Road in Gaithersburg into a food distribution hub & the opening of a new marketplace and office at 12301 Old Columbia Pike in Silver Spring.

This expansion wouldn't be possible without generous supporters who are stepping up to ensure our neighbors have the nutritious food that they need. Manna has launched the **Food for All Campaign** to raise the much-needed funds to fuel this transformation.



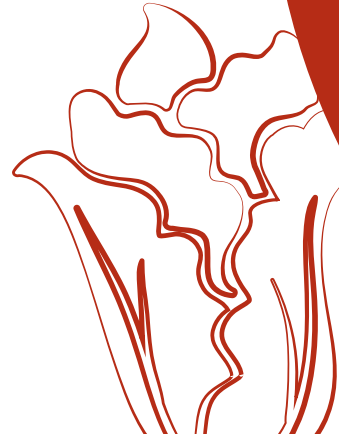
County Executive Marc Elrich reviewing material at a Food for All event.



New East County marketplace

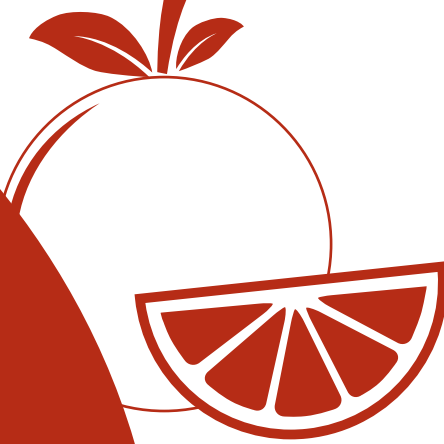
EMPOWERING HEALTH THROUGH CHOICE

Our new marketplace at 12301 Old Columbia Pike gives participants the ability to select food that works best for their family size, culture, and dietary needs.

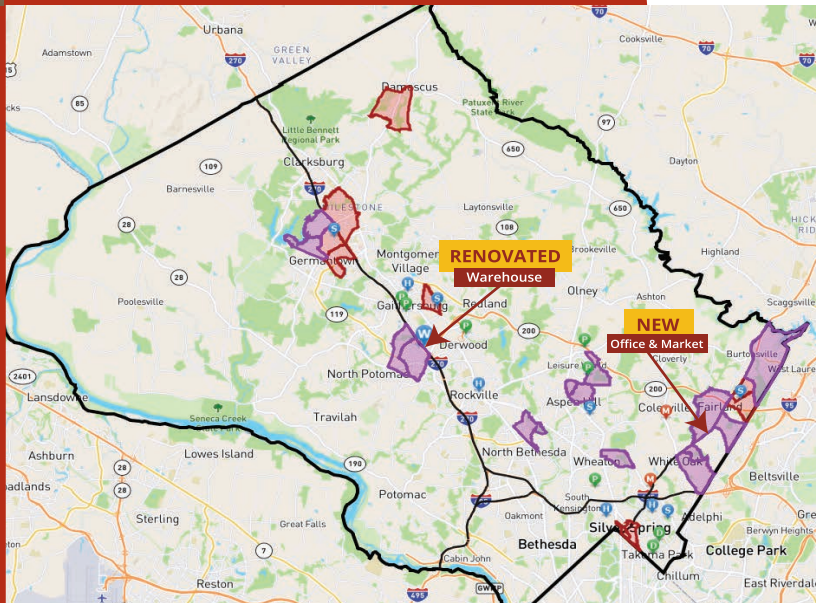


“Through this expansion Manna is going to the areas where people need them most.”

Joy Stein, Food for All Campaign Committee member



Heat map identifying areas of food insecurity in Montgomery County.



Our Vision for Food for All

Create a Center for ending hunger featuring a state-of-art free Marketplace offering fresh foods and access to community services that build self-sufficiency.

Expand cold storage capacity for fresh food and meats and modernize our warehouse inventory and packing processes.

Transform our distribution network to better deploy our transportation assets to match supply with demand.

Scale up our Smart Sacks weekend bag program by creating in-school pantries to support good nutrition and full-family services.

Improve our food recovery and processing network to include home delivery services to seniors and other vulnerable neighbors.

Expand our curriculum to build skills for healthy shopping, cooking and eating in partnership with health care providers and community partners.

Offer multi-purpose community meeting and cooking spaces for advocacy and community building.

We Need YOU to achieve Food for All!

- Learn more about the campaign: mannafood.org/food-for-all
- Donate to the campaign: bit.ly/MannaFoodForAll
- Talk to your broker about a DAF distribution or stock donation
- Consider a naming opportunity of a room to honor someone
- Invite a campaign ambassador to speak at your congregation, community group, or corporation
- Volunteer at the market or warehouse
- Host a food drive to help stock the shelves

Contact Stephanie Hubbard for more information and to contribute to the campaign:
stephanie@mannafood.org • 240-268-2537 (Office)

“Sometimes all people need is a helping hand to put them on the path of success and self-sufficiency.”

Maryland Delegate Lily Qi



FOOD FOR FAMILIES

As our cornerstone program, Food For Families provides an average of 3,150 families approximately 50 pounds of fresh vegetables, pantry staples, breads and frozen meats each month. Traditionally distributed through a pre-packed box, Manna is expanding our offering of choice pantries, where neighbors can shop for the food that meets their household needs.

25,462 individuals served

3.1 million pounds
of food distributed

18 distribution sites
throughout Montgomery County

1 Manna box = \$100+
boost in monthly food budget

3 choice pantries
where participants shop
for their food

SMART SACKS

Karen Goldberg Smart Sacks Program provides weekend bags of healthy food items for elementary school students to help bridge the weekend meal gap. Smart Sacks also provides fresh produce and shelf-stable food items with the school-based pantry program, a choice model to ensure the dignity of our families and provide a healthier and wider variety of food items to take home.

“Gracias al programa tenemos un medio mas para nuestros alimentos de cada día. Es una excelente programa. // Thanks to this program we have an additional means for our daily meals. It is an excellent program.”
Smart Sacks Participant

2,910 students served

105,765
bags distributed

58 schools

ADVOCACY

Our work to eliminate hunger includes galvanizing the support of local, state, and federal leaders to advance policies that address food insecurity. Our Advocacy Task Force has been active to build strong relationships with leaders and get them directly involved our programs. From food drives to food policy, Manna is a trusted voice advancing the vision of food for all.

200 participants
applied for SNAP
(food stamp) benefits with
Manna's assistance

22 elected officials
participated in countrywide
MILK Food Drive



Whether a neighbor in need is experiencing hunger temporarily or coping with an ongoing crisis, we aim to eliminate hunger by providing nutritious food, life skills, and connections that enable participants to be well and thrive.

OUR PROGRAMS



COMMUNITY FOOD EDUCATION

Manna strives to not only provide our participants with healthy food options but also educate participants about health management, food budgeting, and cooking skills. Community Kitchen Cooking Classes take place at Silver Spring United Methodist Church and Community Food Education Workshops are held across the county at schools, residential facilities, and community centers.

“ Thank you for coming to Parent Coffee. We loved all the wonderful information as well as the healthy food. *Shana Grossman, Flora M Singer ES* ”

371 Participants
at workshops and classes

MOBILE KITCHEN & POP-UP PANTRY

Manna aims to inspire participants to wellness. Manny, our mobile classroom and kitchen, works with partner agencies to explore new foods and recipes, and offer healthy eating workshops for parents and youth. When working with children, Manny is an all-in-one classroom that builds on the math, reading, and science school lessons while teaching skills on how to make healthy foods.

Thank you for our sponsors: Adventist HealthCare, Cigna HealthCare, The Community Foundation in Montgomery County, Giant, Montgomery County Government, and Sodexo Stop Hunger Foundation.

1,775 participants
on Manny

74 classes

43 Pop-Up Pantries
at schools, community groups, and churches

COMMUNITY FOOD RESCUE

The Community Food Rescue (CFR) network has grown tremendously since our launch in 2015. This year we surpassed our 5 millionth pound of food rescued and distributed to our network of food assistance agencies. Manna organized our inaugural Community Food Rescue Week to inspire action and spotlight ways the community can come together to tackle food waste and hunger. CFR expanded ways to rescue even more food, by cooking with recovered food and gleaning after local farms' commercial harvest.

5.8 million pounds
of food donated through CFR
since 2015

395 members
in CFR network

13,244 individual food runs
since 2015

FARM TO FOOD BANK

Fresh fruits and vegetables are an essential part of a healthy diet, and many Montgomery County residents don't have access to these important nutritious foods. We provide fresh, locally and regionally grown produce to those experiencing hunger and food insecurity in our community by purchasing from neighboring farms throughout the growing season.

5 farmers markets
4 farms

144,970 pounds
of local, fresh produce distributed

FINANCIAL DONORS

July 1, 2018 – June 30, 2019

Our donors help Manna reach more people in our community.
Thank you!

* Indicates generous
Food For All Campaign donors



Gaithersburg Councilmember Robert Wu, Board Chair Mitchell Glassman, CEO Jackie DeCarlo, and Diana Conway at Heroes Against Hunger Awards.

\$50,000 & Above

Anonymous*
Adventist HealthCare*
City of Gaithersburg
Philip L. Graham Fund*
Greater Washington Community Foundation*
State of Maryland*
Montgomery County Government*
Twinbrook Baptist Church*
Cliff & Deborah White Family Fund*

\$25,000 – 49,000

William S. Abell Foundation
Burness*
Cigna
The Drescher Foundation*
Patricia Harvey*
Healthcare Initiative Foundation
J. Willard and Alice S. Marriott Foundation
Primary Care Coalition Of Montgomery County, MD
William P. Roberts, III
City of Rockville
Sodexo Stop Hunger Foundation
Stuart & Joy Stein*
The Sulica Fund*
TD Charitable Foundation
Wolpoff Family Foundation

\$10,000 – 24,999

Ada & Albert Wibbel Foundation
Alice Shaver Foundation
Gordon Burley
Margaret Chao & Tso-An Yu
Church of the Redeemer
Giant Food*
Grand BK Corp.
Harris Family Foundation
Ina Kay Foundation
Julin Cheng-Hu Memorial
Matthew Keene*
Linda Kirschten
Linda & Richard Matheny
Jacob Melamed & Robert Baker*
Daniel Mudd
NAIOP Maryland/DC Chapter
Newmark & Company Real Estate*
Otsuka America Pharmaceutical
Outsource America
Richard E. & Nancy P. Marriott Foundation
Robert Schattner Foundation
Terri Christian Robertson*
Sanders Foundation
Share Our Strength
Avner & Wendy Skolnik*
John-Paul Taylor
Wegmans Food Markets
William E. Cross Foundation

\$5,000 - 9,999

Michaela & Leen Alewynse
Barbara Caplan
William & Karen Carlson
Andrew & Amanda Coelho
Bill & Diana Conway*
Catherine Copp*
Sabine Dahm
Daly Computers
Lisa Davis & Robert Shapiro*
Jackie DeCarlo & Kristen Moe*
Dick and Jody Vilardo Foundation
Helen Doppelt
Mitchell & Judy Glassman*
Great American Restaurants
Jonathan Griffith & Kate Stewart*
Kiranpreet & Kiran Khosa
Edward Korn & Carol Hanna
Michael Lainoff & Kathryn Kincaid
Lester Poretsky Family Foundation
Jim & Sherri Lieberman*
Dean & Jill Lin
Bonnie Maidak
MCPS Educational Foundation
Craig & Denise Pernick*
Anderson & Margery Phillips
Michael & Leslie Rubin
George Sigal & Ann Ferriter
Robert & Lisa Stern*
Carolyn Weller
Wells Fargo Foundation

\$2,500 – 4,999

Nasrin Amirtahmaseb & Mehrdad Dastouri
APA Inc.
Margaret Binns & Patrick Mahon
Bloomberg LP
Box Associates Limited Partnership
Chinese Culture and Community Service Center
CNSI
Alan & Harriet Cohen
Colesville Presbyterian Church
Martin & Kasia Coulter*
Merle Fabian
David Fierst
Cathy Fink
Charles Fleischman
The Gira Family
Larry & Laurie Goldberg
Linda Guitteau
Keith & Linda Hartman*
Shondra & Greg Jenkins
Kathryn Jones
Catherine & Ralph Kahn
Katzman Family Foundation
Susan Kick
Lanigan, Ryan, Malcom & Doyle, PC
Blair Learn
Charles & Nancy Leins
Linder Family Foundation
Lutheran Church of St. Andrew
David & Julia Mack
Marie McCormack
Medstar Montgomery Medical Center
Jeffrey & Betsy Miller*
Jason & Stephanie Mills*
Carolyn & James Millstein
Kris & Laura Moen
N. James & Ellen Myerberg
David & Rebecca Onuschak
Kaushik & Divya Patel*
Posner-Wallace Foundation
Jason Ralston & Kial Young
Ratner Companies
Christopher Roby & Tacy Paul Roby*
Pamela & Anthony Ryan
Celia & Leonard Schuchman
Thomas & Wendy Smith*
Social & Scientific Systems
Seth Spergel
St. Francis Episcopal Church
Sheryl Steinhart & David Pankopf
Jane & Herbert Stevens
Michael & Molly Strauss*
Treasure Hill Foundation
UnitedHealthcare

Thomas & Margaret Waite
Richard & Anne Wallace*
Jeffrey & Karen Wendel
Michelle Werner
Westat
Woman's Democratic Club of Montgomery County
Holly Wong*
Wraase Family Foundation

\$1,000 – 2,499

Bryan Aaron
David & Mary Abe
ACC National Capital Region
Michael and Judy Ackerman
Adat Shalom Reconstructionist Congregation
Marion Adineh
Aldon Management
Elaine Amir
Amity Club of Washington Charity Foundation
Harold & Lori Amos
Amy Anders
Richard & Judith Arndt
Marguerite Autry
Robert & Leslie Ball
The Bargain Box Thrift & Consignment Shop
Janet & Robert Barnard
Gurdeep & Avneet Bawa
Lauren Beauch
Chandler & Jesse Becker
Barbara & Andrew Benson
Bethesda Friends Meeting
Susan & Robert Bodansky*
Leopold Boeckl
Bill Borchardt
Barry Boughton
Jonathan & Milagro Bowles
Boyd's Presbyterian
Monica Bradford
Bridge The Gap
William Brock & Kathy McGown
Mark & Lisa Bronfman
Marika Brown
Patricia Bryant
Dana Buckhout
Renee & Courtney Burke
Jeremy Burroughs
Calvary Evangelical Lutheran Church
Capital Bank
Robert & Linda Carey
Andrew & Eileen Carr
Charles Schwab Foundation
Chazin & Company
Town of Chevy Chase

Nallaperumal & Valliammai Chidambaram Salma Chowdhury Donald & Linda Christoferson Walda Ciafone David Cohen Linda Lee Cohen Brian & Margie Collins Frank Comer & Lisa Kreppel Sally Conley George & Yvonne Coyle Evan & Rachel Croen Damone Family Foundation Beverly Deppen Matthew & Nancy Deprey David Deramus & Rosemary Regis Satish & Kalpna Desai Michael & Patrick Dillon Marino DiMarzo & Fulvia Veronese Michael DiPrima The Joseph & Mary Beth DiPrima Family Charitable Fund Donald Dittberner & Roswitha Augusta George & Virginia Dixon Paul & Jill Doll Graham Dower & Sheila Cheston Susan & Charles Edson The Emmes Corporation Nathan & Elizabeth Evans* Evidera Joseph & Nivia Facundo The Family Firm Faith United Methodist Church Matthew & Louise Filipic Larry & Kathryn Fisher Lawrence & Jennifer Fogel-Bublick Gary Ford & Nancy Ebb Jeffrey & Debra Fredman Friends of Roger Berliner Ashok Ganti Garden Club of College Gardens Erasmo Garza Alan Gelb Richard Gerber Michael Gershberg Roger & Barbara Gessay Judith Gilbert Michael Goldberg Sarah Goodman Nathan Greenbaum Gail Greenfield Mark Groban Carl Gunderson Pamela & Corbin Gwaltney Leslie Hamm Richard & Kelly Harrington	Harry Gudelsky Enterprises, LLC Phyllis Hartman Wanda & Hossein Hashemzadeh Kimberly Heifetz Paul Heldman David Helsel Terry & Mary Herndon Roger Hess & Victoria Perkins Richard Hoffman & Deborah Levy Elizabeth Hofmeister* Michele Hogan Sheri Holzel Edward & Eleanor Howard Michelle Hsu Barbara Huntley The Hwang Foundation Steven & Victoria Ingraham Inter-Faith Chapel Mission Committee Keith Jacobson & Katherine Michaelian Debbie & Kenneth Jaffe Pauline Jakobsberg* Jen Family Charitable Trust Jinya Ramen Bar Joel Family Charitable Fund James & Cheryl Jukes Brian Katulis Jonathan & Eileen Kay John & Zorina Keiser Robert & Judith Ann Kellogg Janie Kim Melanie & Peter Kim Rosalind & William King Susan Klueger Denise Kratz Shyam & Pritha Krishnan Mary Laschober & Steven Honegger Legal & General America Marsha B. Leikin Jeremy Levine John Lewis Judith Li Steven Linscheid Ron & Holly Lobel Brenda T. Maas Macy's/Bloomingdale's Lynn & John Mahoney Suresh Mallikaarjun Steven Mandel James & Dorie Mangan Brian Maranville Carol Martin Carol & Christopher Mayer Susan McCarthy Timothy & Judith McCormally Daniel McDaniel Roberta McKay John & Clementine McLaughlin	The Meil Family Foundation Melamed Foundation* Marcia Meltzer Edward & Null Metcalf Gene Meyer & Sandra Pearlman Wanda Miente Florence Kate Millar Lee Miller, CPA, PC Kevin Mills David & Nicole Mitchell Douglas & Marilyn Mitchell Eddie Morris Moshman Charitable Foundation Jameshed & Anne Mulla Jennifer Myles Jaya Nagda National Council of Jewish Women Kenneth Nechin & Annette Bicher Richard Neimand Olabisi Olaigbe V. Jan & Mary Palic The Partan Foudation Mukesh & Kalpnaben Patel Ruchita Patel Larry Paul & Joye Newman* James & Alison Pearce Russell & Doreen Petit Richard Phillips Laurence Platt & Elizabeth Herington Alan Poland Potomac Presbyterian Church Potomac United Methodist Church Richard & Ann Pozen Jamie & Sarah Raskin Thaddeus Rattley Rebecca Rawls Ursula & Melvin Rein Linda & Thomas Rhoads Rebecca Risley Katharine Roberts Larry & Maria Roberts Rockville Assembly of God Elizabeth & Antonio Rodriguez The Roger & Katherine Feintheil Charitable Fund Robert & Sarah Rosenbaum Vivian Rosskamm Saint Mark Presbyterian Church The Sankaran Family Aarti Savani David Schall Maida Schifter Susan & Lee Schwab Jurgen Seidel & Aleen Rothschild-Seidel Perry & Dianne Seiffert Sabah Servaes Ramsey & Sandy Shehadeh	Melanie Sherk Thomas & Marilyn Sherman* Sherwood High School Silver Spring Presbyterian Church Kyp Sirinakis Michael Skloff Sodexo Inc. & Affiliates Gloria & David Solomon Kutlu & Mary Somel Daniel Sommers & Lillian Hagen Michael Spencer St. James Episcopal Church St. Paul's United Methodist Church Thomas Statler & Mangala Sharma James & Elizabeth Steel Smaroula Gina Stephens Nancy Stevens & Michael Shaw Chris Stewart Karen Stewart Mary & Bob Stoddard Jill Streisand Stephen & Lucinda Swartz Ellen Swyler James Taft & Shelley Rudick Edgar Taplin & Mary Irene McMahon The Opportunity Shop of St. John's Church Eugene Tillman & Bonnie Thomson David Trone* Lionel Tucker Twinbrook Community Church Davis & Katherine Tyner* Rebecca Umhofer Unity Christ Church of Gaithersburg Debra & Jacob Van Der Gaag Scott & Debra VanDemark Linda & James Vause* Barry & Emily Wasser Daniel & Amanda Waugh Kendra Wells John Werner Nancy & Stephen Williams* Roger Williams & Virginia Macomber Terry & William Witowsky* Sarah Yang Joseph Lederman & Vida Yazdi Julian Yochum	Howard & Rosemarie Chernoff Cynthia & Mark Clark ClubCorp Sarah Cody* CSG Enterprise, LP Kim Cullen Cobb David Cunningham Emily Dickert Jorge & Krista Espinosa* Linda & Lanning Evans Susan Evans Fields Road Elementary School Nathaniel Fretz Tom & Hillary Gebler Ethan Goffman & Marianne Szylyk Good Shepherd Lutheran Church Sepehr Haddad & Moana Appleyard Thomas Hankins & Katherine Clark Hankins Kenneth Herko Lee & Elizabeth Isaacson Jay Jefferson James Jordan Barry Kasinitz & Carla Evans Michael & Carla Kieval Kiwanis Foundation of Rockville Andrew & Mary Lang Susan Lasker Dankoff* Stephen & Patricia Levee Daniel Lovinger Michael Mazerov & Andrea Levere Montgomery Blair High School Laurence Nolan Pilgrim United Church of Christ Kenneth & Sherry Prather Precision Doors and Hardware William S. Rabinovich Sohail Rana Kerrianne Rejevich Rockville United Church Robin Rowland & Eugene Meigher Norman Salenger Moses Schanfield Duane Schmidt & Christine Daily Susan & Laurence Schor Jay Schwarz & Abigail Beckel Seven Locks Baptist Church M. & Joyce Siegel Nirupama & Prakash Sista Scott & Karen Somers Robert & Laurie Sunshine Patrick & Victoria Taylor The Miller/Sears Family Fund Jaime Todaro Waredaca Brewing Company, LLC Barbara Wege Josephine Whitford & Victor Jones
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COMMUNITY PARTNERS

These groups served four or more times during the year.

Community Assoc./ Government/Civic Group

Boy Scouts of America
CHI Centers, Inc.
Community Options
Community Support Services
Filipino American Association of Bethesda
Frostmead Birds
Girl Scouts of America
King Farm
Marcie Mishkin & Friends
Metropolitan Counseling Associates
MoCo Active and Social 40+ Meet Up Group
Montgomery County Government
Norbeck Country Club
Women's Group
Potomac Bethesda Rotary Club
ROI Works
Sai Group
SEEC
Sunshine
Susan Young & Friends
Tilden Woods
Wounded Warriors

Corporate

FINRA
Kaiser Permanente
MedImmune
Medstar Montgomery Medical Center
MilliporeSigma
Radius Travel
Xomerty

Faith-Based

Adat Shalom
Reconstructionist Congregation
Congregation Beth El
B'nai Israel Congregation
Catholic Singles of Greater Washington
Kol Shalom
Magen David Synagogue
Oakdale-Emory UMC
Redland Baptist Church
Temple Beth Ami
Tikvat Israel

School

Gaithersburg High School NHS
JFK High School NHS

REGULAR VOLUNTEERS

This list represents our core team of weekly & monthly volunteers. Thank you to all who dedicate their time and talents to Manna throughout the year.

Seun Akinlagun
Carol Amburgey
Sara Anderson
Carlos Andreu
Bob & Lee Arthur
Donna Aubinoe
Jan Austin
Carolyn Baldwin
Tom Barber
Delores Beamon
Flor Benasayaey
Carol Berger
Heidi Blaine
Larry Blaskopf
George Borden
Harris Bouvier-Weinberg
Isabelle Braly-Cartillier
Roe Burrell
Genevieve Callands
Marla Caplan
Ivan Carbonell
Carolyn Carlson
Mary Lou Carter

Evelyn Chan
Zackery Chavez
Joseph Chiu
Ruth Cipolla
Jane Meleney Coe
Bruce Coffman
Susan Colby
Jim Conley
Carol Cooper
Joan Crum
Kristi Cruzat
Francois de Mets
Steve Debrecht
Marilu Del Carpio
Michael DiGenova
Marino diMarzo
Hieu Dinh
Carol & Robert Dowling
Wendy Dowling
Tom Eagle
Donna Edwards
Jake Ellena
George Eng
Anne Engel
Jonathan & Susan Epstein/
Schatten
Tom Estrin
Jill Filler
Mary Jane Frahm
Alex Friedman
Annette Fuquay
Denise Galindo
Xianfeng Gao
Kellie Gilchrist
Bonnie Gitlin
Sharon Gobel
Daniel Goldenberg
Marc Gordon
Michael & Marilyn Greenwood
Paula Hall
Linda Hall
Michael Hammer
Carey Hansen
Mary Harding
Jim Hastings
Anne Hauprich
Cynthia Herringa
John Hess
Steve, Polly & Michael Hober

Lisa Hofstetter
Claire Hudiburgh
Randy Huff
Linda Huss
Guliz Imre
Pauline Jakobsberg
Jesse Jefferson
DeLois Jenkins
Susan Job
Bruce Johnson
Elaine Joselovitz
Kuriacose Joseph
Ann Kennedy
Mike King
Deb Lang
Mary Lang
Tracie Lanter
Bill Levitan
Yile Li
Charla Lillis
Kim Little
Steve Lohman
Yonit Lurie
Joan Mallinger
Ronnie Malone
Steve Mandel
Christopher Mazur
Marieliza McClain
Gary Metz
Rena Milchberg
Victoria Montes
Lyn Moritt
Nancy Murphy
Robert Myers
Jessica Nardi
Alex Naron
Cara Navarro
Terry Ng
Debbie Nickell
Robert Nix
Jennifer O'Brien
John Ogden
Sue O'Hara
Hwei Ling Ong
John Oppenheim
Melanie Orhant
Betsy Palmer
Susan Peters
Steve Peth
Stephon Phillips

Nicholas Piazza
Dieter Poetzschke
Alan Poland
John Porter
Apurva Raghu
Tharini Ramakrishnan
Joanne Richards
Terri Robertson
Doris Roitman
Karen Rollings
Susan Rosenbaum
Jennifer Rossmere
Gail Rothberg
Rich & Cindy Rubenstein
Sherry Rubin
Vikrant Sahasrabudde
Steve Sahn
Alan & Adriana Sandler
Susan Schatten
Barbara Schuler
Tracy Schwanger
Joan Schwartz
Richard & Heather Seid
Savithri Selvaraj
Carolyn Shargel
Joe Shaw
Bernard Silverstein
Marilyn Simonds
Bruce Smith
Wendy Smith
Mark Sokolsky
Janice Solomon
Tracey Stanger
Ram Subramanian
Cris Sutton
Dean Swanson
Ranjana Tandon
Beth Taylor
Suzann Tom
Judith Treanor
John Triplett
Mitzi Trzeciak
Linda Vause
Karen Venit
Anne Wallace
Leslie Wiesenfelter
Laura Wilhelm
Gwen and Gary Woodell
David Yaccino
Susan Young
Jennie Yuda

Volunteers touch every aspect of our work at Manna. Their support and dedication helps us process 3 million pounds of food and distribute to more than 34,250 neighbors.

VOLUNTEERS



36,480
volunteer visits



61,935
volunteer hours



\$1.77 million value
of volunteer services

Food Donors

Food donations of 1000 pounds or more.

Adat Shalom Reconstructionist Congregation
Agency for Health Research and Quality
Al Sur Latin Kitchen LLC
AstraZeneca
Beth Shalom Congregation
Bethesda Big Train
Bethesda Co-Op
Bethesda Jewish Congregation
B'nai Israel Congregation
Boy Scouts of America
Boys & Girls Club of Greater Washington
Brown Station E.S.
Bullis School
Burtonsville E.S.
Capital Area Food Bank
Cal Ripken Collegiate Baseball League
Chevy Chase E.S.
Chinmaya Mission Washington Regional Center
Chipotle Mexican Grill
Christ the Servant Lutheran Church
Church of The Redeemer
City of Rockville
Clinton AME Zion Church
Cold Spring E.S.
Congregation Beth El
Congregation B'nai Tzedek
Congregation Har Shalom
Congregation Or Chadash
Creskide at Leisure World
DC Metro Sai Samsthan
Elberta Logistics International
Express One Logistics
Farmers and Hunters Feeding the Hungry
FINRA
Forest Knolls E.S.
French International School
Friendsgiving Partners
Future Vote
Gaithersburg Chapter #5358 of AARP
Gaithersburg Giants
Galway E.S.
General Mills
Georgetown Preparatory School
Georgetown Visitation Prep School
Girl Scouts of America, GSCNC
The Goddard School
Haile Orchard
Montgomery County Health & Human Services Office of Community Affairs
Imperfect Produce
Julius West M.S.
Heidi Knechtle
Leisure World
Lutheran Church of St. Andrew
Lutheran Church of the Redeemer
Matan Companies
Mayorga Organics
McLean School of Maryland

MCPS Nutrition Services
Mill Creek Towne E.S.
MMM Freight Corp.
Montgomery County Master Gardeners
Montgomery County Muslim Foundation
Montgomery County Public Libraries
Montgomery Soccer Inc.
Tho Tan Nguyen
Norman's Farm Market
North Bethesda M.S.
Northwest H.S.
Norwood School
Pilgrims Pride
Pine Crest E.S.
Poolesville H.S.
QN Nails
Rachel Carson E.S.
Richard Montgomery H.S.
Ride-On Transit
Ridgeview M.S.
Rosemont E.S.
Saint Mark Presbyterian Church
Silver Spring Thunderbolts
Snyder Cohn, PC
Somerset E.S.
Spectrum Foods Inc.
St. Jane De Chantal Church
St. Jude's Catholic Church/
Shrine of St. Jude
Temple Beth Ami
Temple Emanuel
Temple Shalom
Thomas W. Pyle M.S.
Tikvat Israel Congregation
Daniel Tonta
True Buddha Temple
Unitarian Universalist Church of Rockville
U.S. Department of Energy, DOE/EA
USPS/Stamp Out Hunger
Village of Martin's Additions
Weddingwire
Wegmans- Germantown
Michelle Winn
World Bank Group
Jim & Michelle Wynne
Marisa Young

Grocers

Costco Wholesale
Food Lion
Forest Glen Commissary
Giant Food
Harris Teeter
Mom's Organic Market
Roots Market
Sam's Club
Target
Whole Foods Market

Farm to Food Bank Partners

Farmers' Market Partners

Chocolates and Tomatoes Farm
One Acre Farm
Red Wiggler Community Farm
Sandy Spring Gardens, LLC
Your Chef's Table Farm

Farm Share Partners

Bethesda Central Farm Market
Central Farm Market at Westfield Montgomery
City of Rockville Farmers Market
Olney Farmers & Artists Market
Pike Central Farm Market

Participating Market Vendors

Bending Bridge Farm
Common Root Farm
Falcon Ridge
Full Circle Farm
Homestead Farm - Charles County
McClellan's Orchard
Mock's Greenhouse and Farm
Montgomery Master Gardeners
Mountain Valley Orchard
Norman's Farm Markets
Penn Farm
Pleitez Produce
Rocklands Farm
Scenic View Orchard
Shenandoah Seasonal
Shlagel Farms
Somerset Produce
Spiral Path Farms
Toigo Orchards
Twin Springs Fruit Farm
Unger's Fruit Farm
Wegmans
Westmoreland Produce
Young Harvests

Smart Sacks

American Speech-Language-Hearing Association (ASHA)
Anonymous RNs
ARC of Montgomery County
Asbury Methodist Village
Ashton United Methodist Church
Bank of America Merrill Lynch
Bethesda United Methodist Church
Bradley Hills Presbyterian Church
Capital Chinese Seventh-Day Adventist Church
The Cartillier Family
Chevy Chase Trust
Christ Episcopal Church
CNSI
Colesville Presbyterian Church
Epworth United Methodist Church
First Alliance Church
Gaithersburg High School (NHS & Food for Thought Club)
Greenridge Baptist Church
Heraeus Noblelight America LLC
Hughes United Methodist Church
Islamic Center of Maryland
JFGH Sally and Robert Goldberg MOST Program
Kennedy High School ROTC
Liberty Grove United Methodist Church
ΜΦΣ National Percussion Fraternity Inc. ETA MU Chapter (DMV)
Maplewood Park Place
Melvin J. Berman Hebrew Academy
Millian Memorial United Methodist Church
Montgomery Blair High School
Montgomery College (Germantown)
Montgomery College (Rockville)
Montgomery College (Takoma Park)
MSC Inc.
MUFG Investor Services/MUFG G.I.F.T.S. Committee
National Council of Negro Women (Potomac Valley Section)
Nauticon Imaging Systems
Professional Services Network, Inc.
Sandy Spring Friends School
SEEC
Seneca Valley High School
Seven Locks Baptist Church
Silver Spring Leisure World
Lions Club
Silver Spring United Methodist Church
Social & Scientific Systems, Inc.
Sodexo
SSSBC, Inc.
St Paul's United Methodist Church Lydia Circle
St. Mary's Catholic School
St. Matthew Presbyterian Church
St. Paul's United Methodist Church (Kensington)
Stephen Knolls School
The Church of Jesus Christ of Latter-day Saints (Germantown Ward)
The Goddard School
The Parra Family
U.S. Nuclear Regulatory Commission
Wheaton Area Moms
Winston Churchill High School
Smart Sacks Club

We couldn't share food with neighbors in need without the efforts of individuals and groups who drop off food donations and organize food drives in the community. Thank you!

FOOD DONORS & PARTNERS



1.3 million pounds
donated by grocery stores & super markets



433,000 pounds
donated through food drives



144,000 pounds
donated through Farm to Food Bank program



129,000 pounds
donated by individuals

WE INNOVATIVE. ARE DATA-DRIVEN. WELCOMING.

Manna Food Center provides essential food support to Montgomery County residents facing hunger and food insecurity. We continue to be a leader in providing dignified and innovative options for residents to receive food and nutrition services. Expanding our choice pantry locations brings food assistance closer to those in need and empowers participants to select the foods that work best for their needs.

“I just picked up my groceries and I am so delighted with what I took home! Rather than pick up a box loaded with canned goods that I rarely eat, I was able to pick what I wanted from the pantry shelves. What an improvement! Everything looks very fresh.”

Manna Participant



Participants at a recent market

Bread & Beauty Cookbook Brings Together Local Food and Our Agricultural Reserve

We welcomed cookbook authors and featured farmers to our warehouse to celebrate the local food, farmers, and people who make Montgomery County's Agricultural Reserve an active and meaningful place to address food insecurity and provide delicious food to all in the County. Michael Protas from One Acre Farm, along with authors Claudia Kousoulas and Ellen Letourneau (pictured), shared how community-supported agriculture and farm partnerships like that with Manna help provide fresh, local produce in our community.





DONATE FUNDS

Donations from supporters like you account for **41** percent of Manna's budget! We are grateful to our friends for remembering us during annual campaigns, workplace giving, celebrations, and estate planning. If you would like to help fight hunger and feed hope in Montgomery County today, please use the enclosed envelope to make your donation. You can also make a secure one-time or recurring contribution online at mannafood.org/give-online.

DONATE FOOD

In addition to funds, Manna depends on food donations throughout the year to sustain our services. As we seek to give a healthy mix of food to neighbors in need, please check out our new Most Needed Foods List at mannafood.org/give-food. If you're planning a food drive, turn it into a food and funds drive with our fundraising pages. Contact info@mannafood.org for details.

DONATE TIME

Volunteers are Manna's backbone, and we would love for you to get involved as a volunteer in our warehouse, marketplace, referral office, or out in the community. We would appreciate having you whether you can dedicate one day, one week or make it a regular service for you, your family, place of business or congregation. We have opportunities available during the day, evening and weekend, and invite you to check out mannafood.org/volunteer-with-us/ and fill out an interest form today!



FINANCIAL YEAR IN REVIEW

Manna served **34,250** adults and children in FY2019 thanks to the generous support of our community through food, funds, and friends.

92 cents
of every dollar
goes to support
programs and
services

Revenue

Individuals.....	\$ 1,138,007
Government Contracts & Grants	\$ 946,140
Foundation Grants.....	\$ 450,596
Corporations.....	\$ 232,901
Workplace Giving	\$ 190,225
Faith-Based, Events & Other.....	\$ 109,074

Total Cash Contributions \$ **3,066,952**

In-Kind (goods & services)..... \$ 4,506,103

Total Revenue..... \$ **7,573,055**

Expenses

Salaries.....	\$ 1,341,306
Food Purchasing & Program Related Expenses.....	\$ 666,495
Benefits & Payroll Taxes.....	\$ 245,099
Warehous Rental.....	\$ 228,784
Professional Fees	\$ 178,129
Vehicles, Equipment & Maintenance.....	\$ 174,708
Office Expenses & Technology	\$ 131,577
Grants	\$ 68,993

Total Cash Expenses \$ **3,035,091**

In-Kind Food Distributed..... \$ 4,503,927

Total Expenses..... \$ **7,539,018**

Capital Campaign

Capital Campaign Income \$ **658,681**

Capital Campaign Expenses..... \$ **145,165**

*Capital Campaign fundraising in FY19 will support move, construction and expansion expenses largely reflected in FY20

To find out more about the campaign, Food for All, visit: www.mannafoodforall.org

In-Kind Donors

Thank you for supporting Manna with your services!

Comcast

Garson Law, LLC

Giant Food

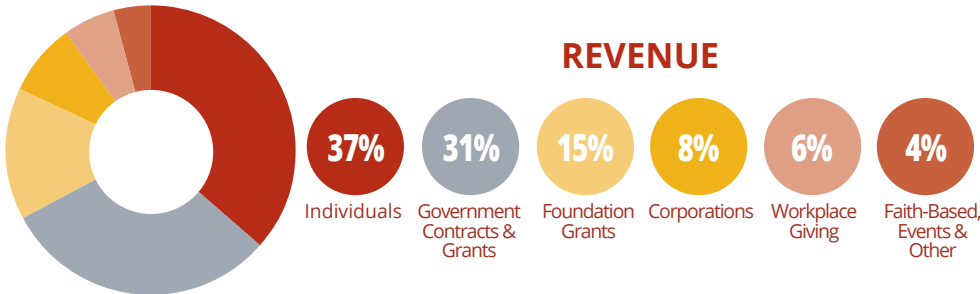
Nonprofit Village

Pillsbury Winthrop Shaw Pittman, LLC

Raymond James Financial Services, Inc.

We maintained the highest levels of financial stewardship, with a Charity Navigator 4-Star rating, GuideStar Platinum Seal of Transparency, and earning the Catalogue of Philanthropy “One of the Best” seals for 2018-2019.

To view a copy of Manna's complete audited financial statements & 990, visit www.mannafood.org.





Thank you to the
dedicated Manna staff
who make all our work
possible.

MANNA TEAM

Val Campbell, Staff Accountant • Michael Carter, Warehouse Assistant • Maria Chevez, Distribution Clerk • Jackie DeCarlo, Chief Executive Officer
Mardia Dennis, Development Manager • Jerome Douglass, Driver • Glenwood Doye, Driver • Edwin Drijas, Director of Logistics • Maka Graham, Driver
Blanche Hall, Food Distribution Assistant • Julio Huacache, Driver • Stephanie Hubbard, Director of Development & Communications
Cheryl Kollin, CFR Program Director • Karena Kuo, Smart Sacks Program Manager • Therese Lampe, Database Administrator
Yelba Mojica, Participant Services Manager • Joel Porras, Warehouse Clerk • Jaimie Mulligan, Manny Mobile Kitchen Coordinator
Jamal Ray, Warehouse Manager • Victor Rojas, Warehouse Assistant • Dorothy Rudasingwa, Executive Assistant • Katie Sayago, Volunteer Manager
Michael Scott, Driver • Ellie Shutak, Referral Assistant • Jenna Umbriac, Director of Programs & Policies • Fresca Vasquez de Haber, Community Outreach Specialist
Janne Weissman, HR Consultant • Angela Whitmal, Senior Director, Admin/Participant Services • Michelle Whittaker, Communications Manager
Cynthia Wilson, Community Food Education Program Manager • Silvia Zelayandia, Referral Assistant • Dave Zuniga, Distribution Clerk



Keep up with Manna on social media!

Manna Food Center • 501(c)3 Tax ID #521289203 • United Way #8846 - CFC #23028

Photo credits: Thanks to staff, partners, supporters, and Kate Lewis Photography for supplying photos. Icons by Flaticon.



Office & Market

**12301 Old Columbia Pike
Suite 200
Silver Spring, MD 20904**

Warehouse

**9311 Gaither Road
Gaithersburg, MD 20877**

301-424-1130
www.mannafood.org

