



# KIDS HELPING KIDS

**October 1-31, 2019**

**Kids Helping Kids** is an anti-hunger campaign to mobilize students in Montgomery County schools to raise food and funds for their hungry peers across the county.

Participation in this food drive has taught children valuable lessons about hunger, engages students in giving, and shows young people that they have the power to make a difference in their community.

Register your school today to take part in the Kids Helping Kids food drive.

**Join the fight to end hunger!**



12301 Old Columbia Pike  
Suite 200  
Gaithersburg, MD 20877  
301-424-1130 \* [www.mannafood.org](http://www.mannafood.org)



## HOW TO REGISTER

We invite all Montgomery County schools to join this meaningful campaign! Participating schools must fill out the online registration form by Friday, September 30, 2019.

To register, please visit: [www.mannafood.org/KHK](http://www.mannafood.org/KHK) and click the registration tab.

## TRUCK PICK-UP GUIDELINES

If your school collects **300 pounds or more** of food, a Manna Food truck will collect your schools donations. Once registered, you will be contacted by a Manna representative to schedule a pickup. Only **ONE** pickup per school.



**Don't have a scale?** 300 pounds of food = 13 paper boxes of canned goods.

All donation boxes must be stored in a sturdy box that can be lifted by hand without breaking.

\*Collected food must be located in the school lobby or loading dock when the Manna truck arrives on the day of pickup.

**Have less than 300 pounds?** Please drop off donations at Manna's warehouse, Monday - Friday, 8am to 4pm.



## DOWNLOAD

Please visit [www.mannafood.org/KHK](http://www.mannafood.org/KHK) to download helpful Kids Helping Kids documents, including Manna's Most Needed Food list, a flyer to pass around your school and more.



# KIDS HELPING KIDS

**For more information about Kids Helping Kids visit:**

[www.mannafood.org/KHK](http://www.mannafood.org/KHK)

**For inquiries, contact:**

Therese Lampe

240-268-2534

[therese@mannafood.org](mailto:therese@mannafood.org)

**To schedule a pickup, contact:**

Edwin Drijas

240-268-2539

[edwin@mannafood.org](mailto:edwin@mannafood.org)



12301 Old Columbia Pike  
Suite 200  
Silver Spring, MD 20904  
301-424-1130 \* [www.mannafood.org](http://www.mannafood.org)



## **MOST NEEDED ITEMS**

Canned Fruit (In Juice)

Instant Oatmeal Packets

Canned Vegetables (Low-Sodium)

Brown Rice/Whole Grain Pasta (16 oz)

Canned Tuna, Salmon or Chicken in Water

Dry or Canned Beans (Low-Sodium)



## **FOOD DRIVE IDEAS**

Stuff-a-bus

Food for Fines

Classroom or grade competition

Food donor wall

Discuss the effects of hunger

Post flyers in school and social media

\*For more ideas, visit [www.mannafood.org/KHK](http://www.mannafood.org/KHK) to download the Food Drive Ideas document.



## **CELEBRATE!**

**Join the fight against hunger and the competition!**

The 1st place (Elementary, Middle & High) schools that collect the most pounds of food will receive a trophy to celebrate their generosity.

**THANK YOU FOR PARTICIPATING IN KIDS HELPING KIDS!**