

Tenth Annual  
Cal Ripken Collegiate Baseball League's



# FEED THE HUNGRY CHALLENGE



TXTDESIGN

Saturday July 13 • 10am-2pm

In Montgomery County, more people than you can imagine struggle to put food on the table. In these challenging times, 3,300 families rely on the Manna Food Center for food each month. This summer, you can help our neighbors in need by supporting the Tenth Annual Cal Ripken Collegiate Baseball League's Feed the Hungry Challenge.

**Each family that donates two or more cans or boxes of food will receive a free family pass for four to a regular season game this July in your favorite Cal Ripken League ballpark.** The team whose fans donate the most food will win the Annual Challenge Cup.

Visit one of the 12 Giant Food stores listed below on July 13 to not only support Manna but cheer on your favorite team.



Since 2010, Ripken League players have collected nearly 27 tons of food for Manna Food Center.

### Silver Spring-Takoma Thunderbolts

Arliss Street Center – 8750 Arliss St  
Blair Park – 1280 East West Highway  
Westfield Wheaton – 2900 University Blvd.  
White Oak – 11221 New Hampshire Ave.

### Gaithersburg Giants

Flower Hill – 18250 Flower Hill Way  
Goshen Crossing – 20044 Goshen Road  
Kentlands – 229 Kentlands Boulevard  
Shady Grove – 16837 Crabbs Branch Way

### Bethesda Big Train

Cabin John – 7919 Tuckerman Lane  
Georgetown Square – 10400 Old Georgetown Rd.  
Montrose Crossing – 12051 Rockville Pike  
Westwood – 5400 Westbard Avenue

## SUGGESTED SHOPPING LIST

### WHOLE GRAINS

Whole wheat pasta  
Brown rice  
Plain oatmeal packets & canisters

### PROTEINS

Dried beans  
Canned beans (7-14.5 oz.)  
Canned chicken, tuna & salmon  
Nut butters (just nuts & salt)

### VEGETABLES

7-14.5 oz. canned, low-sodium or no added salt  
Fruit  
Cans & cups packed in fruit juice



**Bethesda Big Train**  
Shirley Povich Field  
10600 Westlake Drive, Bethesda MD  
in the Cabin John Regional Park  
[www.bigtrain.org](http://www.bigtrain.org)



**Gaithersburg Giants**  
Criswell Automotive Field  
400 Victory Farm Drive  
Gaithersburg, MD  
[www.gaithersburggiants.org](http://www.gaithersburggiants.org)



**Silver Spring-Takoma Thunderbolts**  
Blair Stadium  
Montgomery Blair High School –  
51 University Blvd East, Silver Spring, MD  
[www.tbolts.org](http://www.tbolts.org)

[www.calripkenleague.org](http://www.calripkenleague.org)  [www.mannafood.org](http://www.mannafood.org)