



manna
food center



ANNUAL REPORT 2017

Dear Friends,

Hunger is an age-old, persistent problem, and Montgomery County is not immune. That's why Manna strives to serve all of our neighbors who experience hunger. We are determined not to leave anyone behind - not the 41 percent of our participants who are the working poor, or the most vulnerable, such as the 32 percent of our participants who are seniors.

This year alone, we collected 3.6 million pounds of food to serve our neighbors, and helped 571 families receive SNAP benefits they can use to shop at local businesses and farmers markets. And while we're proud of our progress, we will continue creating fresh new solutions to address all of the issues that contribute to hunger in our community.

Our Board of Directors recently endorsed an ambitious 2017-2020 strategic plan that puts participants at the center of our work and charges us to be as data-driven as possible. As a result, we've identified 20 priority neighborhoods, and can now do an even better job of delivering food to people who need it most.

In addition, Manna opened a new Choice Pantry in Silver Spring where neighbors can shop for food that matches their family's size, tastes and other preferences. And, thanks to our great community partners, we secured three new indoor sites so participants don't have to wait outside during inclement weather.

Communication is also key to ending hunger in our community, which is why Manna "broke bread" by encouraging conversations across lines of difference as well as sharing our expertise. We featured personal stories of neighbors in our most recent community impact video, served on the Advisory Committee of the Food Security Plan, and offered more than 80 classes on nutrition education. Look for even more to come in 2018 on that score!

Thanks to you, who donate food, funds, and friendship throughout the year, our work is making an impact. With your continued help and support, we can end hunger in Montgomery County.

Partnering Together,

Davis Tyner - Board Chair

Jackie DeCarlo - Chief Executive Officer



Davis B Tyner

Jackie

Board of Directors

Past Chair **Carla Krivak**

Administrative Patent Judge
Patent Trial and Appeal Board
US Dept of Commerce

Chair **Davis Bradley Tyner** Senior Strategic Advisor Public Company Accounting Oversight Board

Chair Elect **Selena Mendy Singleton** Chief Operating Officer National Association for Equal Opportunity in Higher Education

Treasurer **Yuchi Huang** Community Volunteer

Sarah Cody Senior Director/Head of Communications & PR HMSHost Corporation

Lisa Davis Senior Director No Kid Hungry Campaign Share Our Strength

Julie Heatherly Senior IT Consultant

Deanna Marion-Wilson Director, Customer Experience Giant Food

Tara Baten McDaniel Vice President Strategic Communications Asbury Communities

Idris Mokhtarzada Partner Mokhtarzada Holdings

Terri Robertson Former Staff & Community Volunteer

Wendy L. Smith, RD, LDN Clinical Nutrition Manager Medstar Montgomery Medical Center/Sodexo Inc.

Nancy Williams VP, Business Intelligence & Data Warehousing DecisionPath Consulting

Highlights

Introducing the New Manna Mobile Kitchen & Pop-Up Pantry

Ever wonder what happens to a retired school bus? Manna recently purchased one, had it stripped down and then transformed into an innovative cooking classroom on wheels!

Affectionately nicknamed “Manny,” our new Manna Mobile Kitchen & Pop-Up Pantry was developed in response to evidence that a multigenerational approach is the best way to improve attitudes toward healthy foods and build skills needed to prepare those healthy foods at home. Of course, we already knew that poor diet is related to poor health outcomes, and that low-income children and adults in our community suffer disproportionately from obesity, miss out on a vegetable-rich diet, and lack access to both nutrition-rich food as well as community-based cooking and nutrition education courses.



How will Manny help us address all of these issues in Montgomery County? We'll use the mobile pantry to distribute fresh food in targeted areas with limited food access, as well as bring hands-on cooking education to children, parents and seniors.

We view this innovative new program as a crucial step in Manna's efforts to develop our community into a place where all people have access to safe and nutritious food in a dignified way. A special thanks to the Greater Washington Community Foundation Neighbors in Need- Montgomery Fund, for the generous start-up grant that supported Manny's purchase and retrofitting.



**Together We are Meeting
the Need in Our Community**

70,510 people in Montgomery
County are estimated to be food
insecure

33,000 children in Montgomery
County are food insecure

12% of County seniors live
below 150% of the federal
poverty level

\$86,580: income needed for a
family of 3 to be “self-sufficient”
in MoCo

Food for Families

Manna's Food for Families program is quite a production!

With our focus on the approximately 70,000 Montgomery County residents at risk of hunger, our day starts early with Manna trucks visiting more than 50 grocery stores and farmers markets across the county to pick up donated food that would otherwise be wasted. We also receive donations from a range of community groups. Volunteers screen and sort produce, combining fresh food with shelf-stable items, frozen meat and bread.

Once sorted, food boxes are shared with participants at our warehouse and through a network of satellite locations around the county to ensure we are reaching the right people in the right places. All in all, it adds up to Manna providing approximately 60-70 pounds of food to more than 3,500 families each month.

Never satisfied with the status quo, the program is continually being improved upon and, in 2017, our wonderful community partners enabled us to move a number of our distribution sites indoors—and out of the rain, snow and cold. We are continuously grateful for our community's tremendous support.

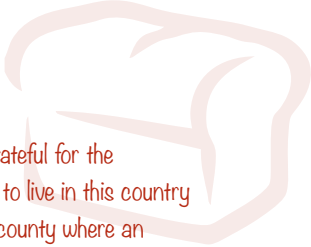


"I got there and the food was bountiful. It was so good. It was just so nice to be able to have some good fresh food and to be able to not have to take so much money to use for that part of the budget and still be able to hold the other things."—Lusetha, Manna participant

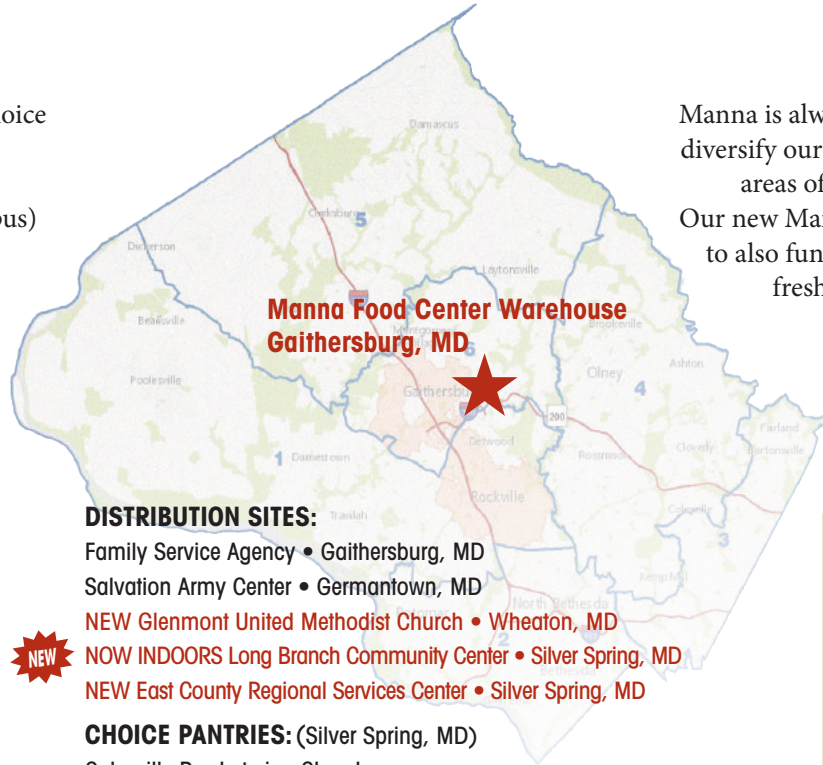


CHOICE PANTRY IMPACT

Following the overwhelming success of our Choice Pantry at Colesville Presbyterian Church, we launched our second pantry at Silver Spring United Methodist Church (Four Corners campus) in January. Participants can select their own items and receive customized and personal attention. This pantry helps extend Manna's reach further into the county. Our Choice Pantries serve 160 families each month.



"I'm very grateful for the opportunity to live in this country and in this county where an organization like Manna operates and sincerely cares about the children, the adults, the seniors - everybody who experiences hunger." - Nancy, Manna participant



DISTRIBUTION SITES:

Family Service Agency • Gaithersburg, MD

Salvation Army Center • Germantown, MD

NEW Glenmont United Methodist Church • Wheaton, MD

NEW INDOORS Long Branch Community Center • Silver Spring, MD

NEW East County Regional Services Center • Silver Spring, MD

CHOICE PANTRIES: (Silver Spring, MD)

Colesville Presbyterian Church

NEW Silver Spring United Methodist Church - Four Corners Campus

APARTMENT DROP OFF LOCATIONS:

Forest Oak Towers/HOC • Homecrest House • Hampshire Village Apartments • Londonderry Towers • Oak AME Church • Paddington Square Apartments/HOC • Seneca Heights Apartments • Tanglewood Apartments/HOC • Town Center (Rockville)/HOC • Town Center (Olney)/HOC • The Willows Community • Victory Towers Apartment

EXPANDING OUR REACH

Manna is always seeking innovative ways to expand and diversify our food distribution system, in order to reach areas of greatest need across Montgomery County. Our new Manna Mobile Kitchen was uniquely designed to also function as a Pop-Up Pantry. We plan to bring fresh produce directly into neighborhoods with limited food access due to transportation barriers. This will be an extension of our focus on participant-centered approaches to eliminating hunger.



28,516 individuals served
through Food for Families

3.55 million pounds of food
distributed

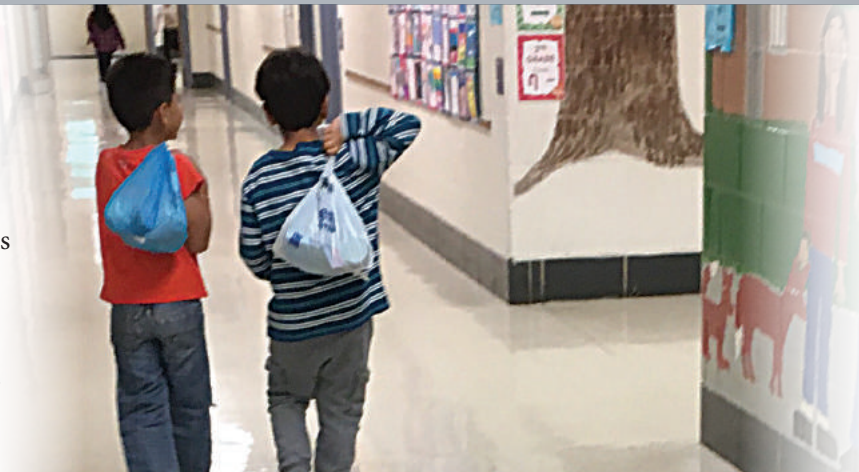
20 distribution sites throughout
Montgomery County

Karen Goldberg Smart Sacks

Because hunger doesn't stop with the school bell, Manna created the Karen Goldberg Smart Sacks program to provide elementary students and their families with food assistance over the weekend.

We work with staff at 59 area elementary schools to identify students in need, then community partners pick up and pack "sacks" of nutritious food so students and their families can enjoy balanced meals even when school breakfast and lunch are not available.

Research shows that consistent nutrition benefits a child's ability to excel in the classroom, and that critical need spurs us to continue providing students with a healthy menu each weekend that includes whole grains, low sodium canned vegetables, lean proteins and healthy snacks.



"Smart Sacks has helped my family tremendously with meals over the weekend. They are convenient and healthy products."
– John*

"I do not have to worry about buying more because I get them from Smart Sacks" ("No tengo que preocuparme por comprar más cosas porque las recibo por el smart sacks.") – Maria*

"Sometimes we have no rice and since we receive rice [from Smart Sacks] we are able to eat rice."
– Dula*

* indicates name changed

SPECIAL APPRECIATION TO OUR DEDICATED SMART SACKS PARTNERS!

These 58 community partners pick up food and pack the weekend bags, then deliver them to our schools throughout the 40-week school year.

Anonymous RNs
ARC of Montgomery County
Asbury Methodist/Wilson Health Care
Ashton UMC
ASLHA
ATHENA Consulting
Bank of America
Bethesda United Methodist Church
Blair High School
C.A.R.E.
Calvert Investments
Chevy Chase Trust
Christ Episcopal Church
CNSI
Colesville Presbyterian Church
Epworth UMC
EU Services
First Alliance Church
Goddard School
Greenridge Baptist
Greenwood Elementary School
Heraeus Noblelight America LLC
Hughes UMC
Islamic Center of Maryland
Kids of Indian Spring
Layhill Community Church
Liberty Grove UMC
Maplewood Park Place
Melvin J. Berman Hebrew Academy

Millian Memorial UMC
Montgomery College-Germantown
Montgomery College-Rockville
Montgomery College-Takoma Park
MOST
MSC Inc.
Nauticon Imaging Systems
NRC Administration Team
Oakdale Clarksburg Church
Paint Branch High School
Parra Family
Potomac Valley Section, NCNW
PSN, Inc.
Sanberger, Inc.
Sandy Spring Friends School
Sebastian Family
SEEC
Seneca Valley High School
Silver Spring United Methodist
Social & Scientific Systems
Sodexo
SSSBC, Inc.
St. Paul's United Methodist Church Lydia Circle
St. Mary's School
St. Matthew Presbyterian
St. Paul's United Methodist Church Kensington
United Health Care
WCHS Smart Sacks Club
Wheaton Area Moms



**Together We are Meeting
the Need in Our Community**

2,812 children received
Smart Sacks

107,412 sacks of food
distributed

59 MCPS Elementary School
Partners

Advocacy

Community leadership and advocacy are key priorities for Manna, because we cannot fulfill our mission without leveraging our experience within the government, business, and non-profit sectors to influence policies that affect our participants' lives.



That advocacy must also extend to helping our participants take advantage of the many resources and assets our generous community has to offer, so building trust is vital. To that end, our seasoned community outreach worker, Maria Chavez, meets one-on-one to provide culturally appropriate enrollment support to those eligible for the Supplemental Nutrition Assistance Program (SNAP/food stamps). She's very good at what she does, and her work was recently featured on NPR's "All Things Considered."

In addition, Manna advocates on behalf of our constituents at the national, state, and local levels in a number of capacities. For example, our staff served on the Advisory Committee of the county's Food Security Plan and were instrumental in securing expanded funding for weekend bag programs benefitting nearly 6,000 students each school year. We also participate in a variety of coalitions working to strengthen local institutions at a time when critical elements of the social safety net, such as food stamps, are being scrutinized at the federal level.

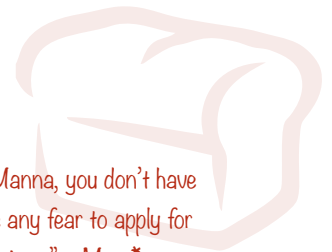
We plan to remain a resilient, welcoming organization amid uncertainty.



800 participants registered to receive SNAP (food stamp) benefits

\$119k total monthly SNAP benefits secured through Manna's advocacy

88% increase in minimum SNAP benefits to seniors



"With Manna, you don't have to have any fear to apply for the services." – Mary*

* indicates name changed

Nutrition Education



Everyone worries about their health, and Manna's Nutrition Education programming is designed to give individuals the knowledge and skills needed to improve their health within their means. This year, we offered a new workshop covering misleading marketing on food packaging. And, we improved our ability to reach and learn from audiences with various languages and literacy levels by increasing visuals in our presentations and workshop surveys.

In addition, we responded to participant concerns about Type II Diabetes with a workshop directly addressing misconceptions about eating to control the disease. Our Sugar Shockers program was time well spent for many attendees, as evidenced by a survey in which more than 90 percent of participants said they now know that Type II Diabetes is preventable and, moreover, that they now know more about making healthier choices.



"Thank you so much, you made a big difference in my kids' life and mine. This will help me make better choices for my family." – mother who attended Sugar Shockers workshop

Debunking myths and delivering content to individuals in a tailored way reinforces the significance of small, doable health improvements—like moving more and drinking water—and helps families see what *is* in their control. For example, one participant, Tina*, said that after this class, she intends to eat “less sugar and more fiber” in her diet.

* indicates name change



855 participants in nutrition classes & grocery store tours

93% participants report reading food labels for added sugar

Community Food Rescue

It was a great year for Community Food Rescue (CFR), Manna's innovative program that enables our community to rescue unsold, surplus food and redistribute it to people experiencing hunger.

First and foremost, the CFR network received 1.4 million pounds of rescued food—the equivalent of 933,333 meals! We also forged valuable new connections between food donor businesses, food assistance organizations and volunteer food runners. It was quite an honor to be recognized by *Bethesda Magazine* and awarded their

prestigious Green Champion Award for Innovation at the 7th Annual Bethesda Green Gala in October.

Beyond those milestones, CFR welcomed three new institutional food donors, including Sodexo's food services at Asbury Methodist Village, a premier retirement community with four kitchens. Asbury donates their surplus, cooked-from-scratch meals twice a week to Shepherd's Table as well as the Montgomery County Coalition for the Homeless (MCCH).

In addition, we added our first government and public-school donors this year. The Forest Glen Commissary donates surplus chicken and other food to Manna, and Redland Middle School donates fresh fruit and vegetables, cereal, applesauce, juice and milk left from the breakfast or lunch "share table" to Interfaith Works Watkins Mill.

To follow CFR's progress and to volunteer, visit: www.communityfoodrescue.org

Food donation is not burdensome, no matter what, because otherwise we would be likely throwing the food away. The only thing I would change is that we would've started earlier."
– Lester Britton, Assistant Dining Operations Manager at Sodexo Asbury Methodist Village.



1.9 million pounds of food donated through CFR since 2015

1.3 million meals served with rescued food since 2015

237 total CFR network members



Farm to Food Bank

Cost or transportation challenges should not cause our neighbors to miss out on good nutrition, which is why Manna created its Farm to Food Bank initiative in 2010.

Manna is proud to work with four weekend farmers markets (listed on our Food Donors page) where vendors are paid a small stipend to hand over unsold produce to Manna staff who then distribute it throughout the county the following week. We

also have unique agreements with One Acre Farm, Red Wiggler Community Farm, Chocolates and Tomatoes Farm and, our newest provider, Your Chef's Table. Manna purchases thousands of pounds of locally-produced bounty from these farmers at less-than-wholesale prices, and they deliver the goods to Manna throughout the growing season, and in some cases year-round.

This year, our Farm to Food Bank partners provided regionally-produced greens, tomatoes, eggplant, zucchini, corn, melons, squash, apples and more that Manna shared with grateful program participants. They reported overwhelmingly (83%) that receiving fresh produce is helpful in improving their health.

In addition to this direct impact, supporting local agriculture increases food security for all county residents—an essential part of Manna's goal to eliminate hunger in Montgomery County.

Photos: One Acre Farm (top) & Red Wiggler Community Farm



"The Olney Farmers Market is proud to be a longtime partner of Manna. We are glad to be able to assist Manna in fulfilling the mission of providing fabulous fresh produce to those in need in Montgomery County. Without Manna's initiatives, so many people would go hungry, and that would be devastating. We are thrilled that we can help Manna carry out its goals."

— Janet Terry, manager, Olney Farmers and Artists Market



130,161 pounds of fresh, local, often organic produce received

76% of participants want even more fresh produce offered through Manna programs

Volunteers

Manna relies heavily on volunteers to support our mission of fighting hunger and feeding hope in Montgomery County. Without their dedication day in and day out, Manna would not be able to serve the more than 32,000 people who receive services and participate in programming throughout the year. Together, the total number of hours these amazing individuals and groups provide equals 35 full-time employees. This is more than the number of employees on staff at Manna!

We extend our sincerest thanks to all the volunteers who helped out once, twice, or who are our “regulars.”



THANKS TO OUR COMMUNITY PARTNERS

These groups served four or more times during the year.

Corporate/Business

Aronson LLC
Asbury
Bank of America
Bloomberg BNA
EU Services
FINRA
Kaiser Permanente
Legal and General America
MedImmune
Medstar Montgomery
Medical Center
Morgan Stanley
Nasdaq
Radius Travel
Shady Grove Fertility
Sodexo

Faith-Based

Adat Shalom
Catholic Charities
Catholic Singles
of Greater Washington
HOPE Church
Kol Shalom
Magen David Synagogue
Oakdale-Emory UMC
Redland Baptist Church
Temple Beth Ami
Tikvat Israel Synagogue

Schools

Bullis School
Gaithersburg High School NHS
JFK NHS
NIH Graduate Program
Norwood School

Community/Association/ Government/Civic Groups

Boy Scouts of America
CHI Centers, Inc.
Community Support Services
Filipino American Associate
of Bethesda
Girl Scouts of America
King Farm
Mishkin Group
MoCo Over 40 Active and
Social Meetup Group
Olney Lions
Olney Rotary
Potomac Bethesda Rotary Club
RIO Works
SEEC
Tilden Woods
University of Maryland CIVICUS
Living and Learning Program
Wounded Warriors
Young Group



“I love the holistic approach Manna has for their clients. We don’t just pass out food boxes. We provide nutrition education, cooking classes, grocery store tours, etc. - all to help educate our clients on affordable healthy eating.” – Leslee

“Manna is a wonderful place; can’t explain it. It just makes me happy!!” – Joanne

“The sense that I’m doing something good for the community. I enjoy interacting with the staff, volunteers and our participants. We all help each other to accomplish our goal - ending hunger in Montgomery County. It doesn’t hurt that we have a good time doing it!” – Ann



SPECIAL THANKS TO OUR REGULAR VOLUNTEERS

Thousands of volunteers support Manna throughout the year.

This list represents our core team of weekly & monthly volunteers.

Thank you to everyone who has dedicated their time and talents.

Debbie Anderson
Carlos Andreu
Megan Ansbro
Bob and Lee Arthur
Jan Austin
Arvind Awasthi
Fidel Baeza
Kay Barger
Elaine Barnard-Luce
Terry Baughman
Vrinda Bawa
Justen Baxter
Melanie Becker
Joanne Beckish
Flor Benasayaey
Jean Bender

Julie Beres
Steven Bernstein
Larry Blaskopf
Ron Boyd
Isabelle Braly-Cartillier
Genevieve Callands
Esthela Camacho
Ivan Carbonell
Carolyn Carlson
Mary Lou Carter
Evelyn Chan
Ruth Chia
Gabe Chikes
Jane Meleney Coe
Susan Colby
Cathy Conklyn

Rena Convissor
Jordan Cooper
Carol Cooper
Kristi Cruzat
Christine Culp
Steve Debrecht
Marilyn Del Carpio
Clare Delaney
Debbie Demske
Gagan Deol
Hieu Dinh
Wendy Dowling
Ligia Drijas
Tom Eagle
Donna Edwards
Paige Emerson

George Eng
Anne Engel
Tom Estrin
Kelly Evans
Keith Feeney
Arnold/Laura Feldman
Jill Filler
Mary Jane Frahm
Annette Fuquay
Debbie Gann
Xianfeng Gao
Kellie Gilchrist
Mitchell Glassman
Sharon Gobel
Marilyn Greenwood
Michael Greenwood
Asini Gulanawattalage
Fresia Haber-Vasquez
Paula Hall
Carey Hansen
Jim/Liz Hastings
Donna Haynes
Cynthia Herringa
Lisa Hofstetter
Daniel Huang
Randy Huff
Guliz Imre
Pauline Jakobsberg
Jesse Jefferson
Bruce Johnson
Kathi Jones
Elaine Joselovitz
Kuriacose Joseph
Ann Kennedy
Katheryn Kim
Mike King
Carla Krivak
Shyam Lakshmanan

Sohan Lal
Mary Lang
Deb Lang
Elise Lavidor
Bill Levitan
Yile Li
Hannah Lipman
Kim Little
Linda Mahar-Wivel
Doug Mahoney
Phobe Mallard
Joan Mallinger
Marieliza McClain
Tim McDonald
Andy McLaughlin
Gary Metz
Alexander Moreta
Kristine Morgan
Linda Mullinix
Nancy Murphy
Robert Myers
Alex Naron
Cara Navarro
John Nesbitt
Julia Neumer
Richard Nichols
Niki Nikpour
Janice O'Brien
Sue O'Hara
Hwei Ling Ong
John Oppenheim
Leslee Ortiz
Betsy Palmer
Susa Pandy
Nick Piazza
Alan Poland
Teri Poux
Tharini Ramakrishnan

Billye Joyce Roberts
Susan Roffman
Karen Rollings
Jennifer Rossmere
Gail Rothberg
Oendrilla Roy Roy
Cindy Rubenstein
Rich Rubenstein
Susan Schatten
Savithri Selvaraj
Rosa Shyy
Bernard Silverstein
Marilyn Simonds
Wendy Smith
Don Spicer
Sharon Staiger
Samantha Steckel
Elizabeth Stein
Suzy Swagart
Dean Swanson

Ranjana Tandon
Beth Taylor
Janet Tello
Suzann Tom
Gary Tominovich
John Triplett
Rachel Truong
Karen Venit
Maribel Verduguez
Jose Villanueva
Anne Wallace
Diann Waters
Donna White
Chris Williams
Ahalya Wise
Virginia Wolf
Holly Wong
Rick Zambrano
Susan Zaner



50,308 volunteer visits

74,177 volunteer hours

\$1.09 Mil value of volunteer services

Manna in the Community

Manna both serves the community and relies on the community to fulfill our mission. We are collaborating year-round, distributing food, partnering with other organizations, hosting food drives and participating in events, festivals and fairs.

We are grateful to our community leaders, who helped us identify indoor locations for three new distribution sites this year. It makes such a difference to our neighbors in Glenmont, Long Branch and Silver Spring to be able to come to these locations without standing in inclement weather. We also added our second Choice Pantry, providing additional opportunities for participants to select their own food.

We could also be found hosting the Montgomery County Road Runners on their New Year's Day 5K, leading a "Stuff the Bus" 5% Day at area Whole Foods Market stores and holding regular food drives at Giant stores, harvest events, and farmers market tabling.

It's so gratifying to have community support needed to make these events successful, and our annual Heroes Against Hunger Awards reception gave us the opportunity to honor community leaders making an impact against hunger. In March, we honored Stuart and Joy Stein as our Individual Heroes of the Year, Otsuka America Pharmaceutical, Inc. as our Corporate Partner of the Year, and Red Wiggler Community Farm in our new Community Partner of the Year category. Congratulations to these heroes for their outstanding commitment to eliminating hunger in Montgomery County!



We are committed to eliminating hunger in our community.



MD Senator Cheryl Kagan visits volunteers at Whole Foods 5% Day (top), Congressman Jamie Raskin supports Manna's new indoor distribution in East County (bottom left)



Manna's Supporters

\$50,000 & Above

Montgomery County, MD
Greater Washington Community
Foundation, Neighbors in Need-
Montgomery Fund

\$25,000 - 49,999

Burness Communications
City of Gaithersburg
The Community Foundation,
National Capital Region
The Drescher Foundation
Mr. William P. Roberts, III
Whole Foods Market
William S. Abell Foundation
Wolpoff Family Foundation, Inc.

\$10,000 - 24,999

Alice Shaver Foundation
EFSP
Ronald & Barbara Boyd
William E. Cross Foundation, Inc.
Margaret Chao & Tso-An Yu
State of Maryland
Food Research & Action Center, Inc.
Giant Food, Inc.
Patricia Harvey
City of Rockville
Julin Cheng-Hu Memorial
Matthew Keene
Marriott International, Inc.
Linda & Richard Matheny
Idris Mokhtarzada
NAIOP Maryland/DC Chapter Inc.
Osher at Johns Hopkins University

Church of the Redeemer
Otsuka America Pharmaceutical,
Inc.
Harris Family Foundation
Jacklyn Pearce & Karen Merrell
Sanders Foundation
Robert & Maureen Sievers
Mead Family Foundation
Sodexo Foundation, Inc.
Stuart & Joy Stein
Richard E. & Nancy P. Marriott
Foundation, Inc.
TD Charitable Foundation
Walmart Foundation
Marcela Welch

\$5,000 - 9,999

3M Foundation
Asbury Communities
Margaret Binns & Patrick Mahon
BLH Technologies, Inc.
William & Karen Carlson
CNSI
Colesville Presbyterian Church
Montgomery County Volunteer Center
Helen Doppelt
Great American Restaurants
Healthcare Initiative Foundation
HMS Host Foundation Inc.
Host Hotels & Resorts, Inc.
Jewish Federation of Palm Beach
County
Kaiser Permanente
Mr. & Mrs. Andrew Kales
Dean & Jill Lin

Macy's/Bloomingtondale's
MCPS Educational Foundation, Inc.
Daniel Mudd
Thomas & Jennifer Pavel
Philip L. Graham Fund
Ralph S. & Frances R. Dweck
Family Fdn., Inc.
Jason Ralston & Kial Young
Cliff & Deborah White Family Fund
George Sigal & Ann Ferriter
Wegmans Food Markets, Inc.
Wells Fargo Foundation
Daly Computers, Inc.

\$2,500 - 4,999

Michael & Leen Alewynse
Anthem, Inc.
Barbara & Andrew Benson
Bloomberg L.P.
BNI Rockville Wednesday
Box Associates Limited Partnership
Chinese Culture & Community
Service Center, Inc.
Christ Episcopal Church
Cheryl Collins
Sabine Dahm
Lisa Davis
Dick & Jody Vilardo Foundation
Charles Fleischman
The Gira Family
Larry & Laurie Goldberg
Carl Gunderson
Connie Heller
Kathryn Jones
Katzman Family Foundation

Kiranpreet & Kiran Khosa
Marsha B. Leikin
Linder Family Foundation, Inc.
Doug & Marie Liu
Lutheran Church of St. Andrew
Medstar Montgomery Medical
Center
Tyler Merrill
The Moshman Charitable Fdn., Inc.
N. James & Ellen Myerberg
National Council of Jewish Women
Richard Neimand
OppenheimerFunds
Lester Poretsky Family Foundation
Posner-Wallace Foundation
Thaddeus Rattley
Pamela & Anthony Ryan
Share Our Strength
Silver Spring Presbyterian Church
Joann Smith & Joe Oppenheimer
Wendy Smith
Social & Scientific Systems, Inc.
Sodexo Inc. & Affiliates
Seth Spergel
St. Francis Episcopal Church
Sugarloaf Mountain Works, Inc.
The Sidgmore Family Foundation
Thomas & Margaret Waite
Westat
Terry & William Witowsky

\$1,000 - 2,499

The 1966 Charitable Trust
Bryan Aaron
Nancy Abell
Margaret Adamson
Adaptive Methods
Aldon Management
Elaine Amir
Nasrin Amirtahmaseb & Mehrdad
Dastouri

Harold & Lori Amos
Amy Anders
Arkin Youngentob Associates, LLC
Avendra
Nilo Avila
The Bargain Box Thrift &
Consignment Shop
Tara Baten McDaniel & Douglas
McDaniel
Gurdeep & Avneet Bawa
John, Susan, Jackson & Olivia
Beach
Lauren Beauch
Nancy Bechanan
Chandler & Jesse Becker
Jeanette Beers
Victoria Bell
Carson Bennett
Kenneth & Sheila Berman
Michael Birbiglia
Ruth Blau & David North
Bloomingtondale's Chevy Chase
Susan & Robert Bodansky
Barry Boughton
Boyd's Presbyterian
Shirley Brandman & Howard
Shapiro
Sidney & Phyllis Bresler
The Bresler Foundation
William Brock & Kathy McGown
Samuel & Gail Broder
Mark & Lisa Bronfman
Marika Brown
Wilson Bryan
Bullis School
Renee & Courtney Burke
Martin & Annette Burns
The Butterfield Family
Chad & Renae Campbell
Daniel Cantor & Amanda Waugh
Capital Bank

Andrew Cebula & Eileen Carr
Guy & Laura Cecala
Chazin & Company
Nallaperumal & Valliammai
Chidambaram
Phyllis & Pweh Chock
Donald & Linda Christoferson
Sarah Cody
Linda Lee Cohen
Shelby & James Collier
Margie Collins
Frank Comer & Lisa Kreppel
Robert Cox
George & Yvonne Coyle
Leslie & Edmund Cronin
Martha, David & Sammy Dantzic
Julianne & Edward Davis
DecisionPath Consulting
Beverly Deppen
Barbara Disckind
Paul Doll
Joseph Douek
Graham Dower & Sheila Cheston
Susan & Charles Edson
The Emmes Corporation
Episcopal Church of Our Savior
EU Services
Nathan & Elizabeth Evans
Merle Fabian
Joseph & Nivia Facundo
Faith United Methodist Church
The Roger & Katherine Feintheil
Charitable Fund
David Fierst
Cathy Fink
Larry & Kathryn Fisher
Lawrence Fogel-Bublick
Robert & Dorothy Fontana
Food Lion Charitable Foundation
Food Recovery Network Inc.
Gary Ford & Nancy Ebb

Jeffrey & Debra Fredman
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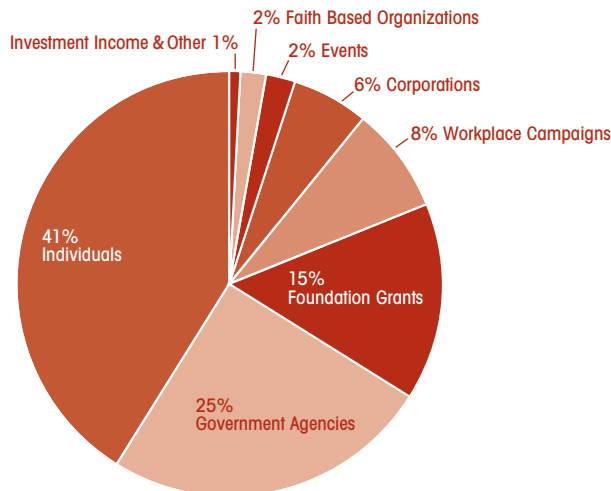
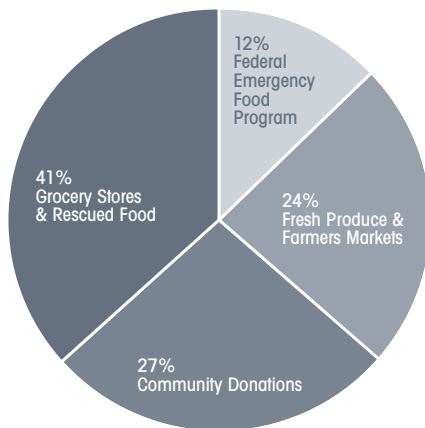
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We appreciate the skills of dedicated Manna staff, who make our work possible.

Financial Year In Review

Manna served 32,183 adults and children in FY2017 thanks to the generous support of our community through financial donations, food drives, in-kind goods and services and 74,177 volunteer hours. We leveraged our resources thanks to food, funds and friends.

Sources of Donated Food



FY2017 Revenue

In-Kind Donors

Thank you for supporting Manna with your services!

Gene's Johns
Groom Law Group
Pillsbury Winthrop Shaw Pittman LLC
MLG Consulting
Response Tech
Taylor Hicks



94 cents of every dollar goes to support programs & services

To view a copy of Manna's complete audited financial statements and 990, visit <http://www.mannafood.org/about/financial-statements/>

Revenue

Individuals	\$ 1,071,591
Government Agencies	\$ 646,419
Foundation Grants.....	\$ 381,656
Workplace Campaigns.....	\$ 205,651
Corporations.....	\$ 153,586
Events.....	\$ 61,358
Faith-Based Organizations.....	\$ 57,962
Investment Income & Other.....	\$ 13,614

Total Revenue\$2,591,837

Expenses

Salaries.....	\$ 1,090,306
Food Purchasing & Program Related Expense	\$ 414,940
Benefits & Payroll Taxes	\$ 227,730
Warehouse Rental	\$ 222,999
Professional Fees	\$ 184,163
Vehicles, Equipment & Maintenance	\$ 180,811
Office Expenses & Technology	\$ 172,062
Grants	\$ 35,525

Total Expenses..... \$2,528,536

Your Support Makes a Difference



DONATE FUNDS

Donations from supporters like you account for 41 percent of Manna's budget! We are grateful to our friends for remembering us whether contributions come through annual campaigns, workplace giving, food and funds drives, birthday dedications, bar and bat mitzvahs, stock donations and estate planning.

If you would like to help fight hunger and feed hope in Montgomery County today, please use the enclosed tear-off and envelope to make your donation. You can also make a secure one-time or recurring contribution online at manna.networkforgood.com.



DONATE FOOD

In addition to funds, Manna depends on food donations throughout the year to sustain our services. As we seek to give a healthy mix of food to our clients, please check out our new Most Needed Foods List at mannafood.org/givefood/most-neededfoodslist/. If you're planning a food drive, turn it into a food *and* funds drive with our NEW custom fundraising pages. Contact info@mannafood.org for details.



DONATE TIME

Volunteers are Manna's backbone, and we would love for you to get involved as a volunteer in our warehouse, referral office or out in the community. We would appreciate having you whether you can dedicate one day, one week or make it a regular service for you, your family, place of business or congregation. We have opportunities available during the day, evening and weekend, and invite you to check out mannafood.org/volunteer-with-us/ and fill out an interest form today!

Keep up with Manna on social media!



Manna Food Center • 501(c)3 Tax ID #521289203 • United Way #8846 - CFC #23028



Manna Food Center
9311 Gaither Rd.
Gaithersburg, MD 20877

