Dear Friends,

Hunger is an age-old, persistent problem, and Montgomery County is not immune. That’s why Manna strives to serve all of our neighbors who experience hunger. We are determined not to leave anyone behind — not the 41 percent of our participants who are the working poor, or the most vulnerable, such as the 32 percent of our participants who are seniors.

This year alone, we collected 3.6 million pounds of food to serve our neighbors, and helped 571 families receive SNAP benefits they can use to shop at local businesses and farmers markets. And while we’re proud of our progress, we will continue creating fresh new solutions to address all of the issues that contribute to hunger in our community.

Our Board of Directors recently endorsed an ambitious 2017-2020 strategic plan that puts participants at the center of our work and charges us to be as data-driven as possible. As a result, we’ve identified 20 priority neighborhoods, and can now do an even better job of delivering food to people who need it most.

In addition, Manna opened a new Choice Pantry in Silver Spring where neighbors can shop for food that matches their family’s size, tastes and other preferences. And, thanks to our great community partners, we secured three new indoor sites so participants don’t have to wait outside during inclement weather.

Communication is also key to ending hunger in our community, which is why Manna “broke bread” by encouraging conversations across lines of difference as well as sharing our expertise. We featured personal stories of neighbors in our most recent community impact video, served on the Advisory Committee of the Food Security Plan, and offered more than 80 classes on nutrition education.

Look for even more to come in 2018 on that score!

Thanks to you, who donate food, funds, and friendship throughout the year, our work is making an impact. With your continued help and support, we can end hunger in Montgomery County.

Partnering Together,

Davis Tyner - Board Chair
Jackie DeCarlo - Chief Executive Officer
Introducing the New Manna Mobile Kitchen & Pop-Up Pantry

Ever wonder what happens to a retired school bus? Manna recently purchased one, had it stripped down and then transformed into an innovative cooking classroom on wheels!

Affectionately nicknamed “Manny,” our new Manna Mobile Kitchen & Pop-Up Pantry was developed in response to evidence that a multigenerational approach is the best way to improve attitudes toward healthy foods and build skills needed to prepare those healthy foods at home. Of course, we already knew that poor diet is related to poor health outcomes, and that low-income children and adults in our community suffer disproportionately from obesity, miss out on a vegetable-rich diet, and lack access to both nutrition-rich food as well as community-based cooking and nutrition education courses.

How will Manny help us address all of these issues in Montgomery County? We’ll use the mobile pantry to distribute fresh food in targeted areas with limited food access, as well as bring hands-on cooking education to children, parents and seniors.

We view this innovative new program as a crucial step in Manna’s efforts to develop our community into a place where all people have access to safe and nutritious food in a dignified way. A special thanks to the Greater Washington Community Foundation Neighbors in Need - Montgomery Fund, for the generous start-up grant that supported Manny’s purchase and retrofitting.

Together We are Meeting the Need in Our Community

70,510 people in Montgomery County are estimated to be food insecure

33,000 children in Montgomery County are food insecure

12% of County seniors live below 150% of the federal poverty level

$86,580: income needed for a family of 3 to be “self-sufficient” in MoCo
Manna’s Food for Families program is quite a production!

With our focus on the approximately 70,000 Montgomery County residents at risk of hunger, our day starts early with Manna trucks visiting more than 50 grocery stores and farmers markets across the county to pick up donated food that would otherwise be wasted. We also receive donations from a range of community groups. Volunteers screen and sort produce, combining fresh food with shelf-stable items, frozen meat and bread.

Once sorted, food boxes are shared with participants at our warehouse and through a network of satellite locations around the county to ensure we are reaching the right people in the right places. All in all, it adds up to Manna providing approximately 60-70 pounds of food to more than 3,500 families each month.

Never satisfied with the status quo, the program is continually being improved upon and, in 2017, our wonderful community partners enabled us to move a number of our distribution sites indoors—and out of the rain, snow and cold. We are continuously grateful for our community’s tremendous support.

“I got there and the food was bountiful. It was so good. It was just so nice to be able to have some good fresh food and to be able to not have to take so much money to use for that part of the budget and still be able to hold the other things.” – Lusetha, Manna participant
CHOICE PANTRY IMPACT

Following the overwhelming success of our Choice Pantry at Colesville Presbyterian Church, we launched our second pantry at Silver Spring United Methodist Church (Four Corners campus) in January. Participants can select their own items and receive customized and personal attention. This pantry helps extend Manna’s reach further into the county. Our Choice Pantries serve 160 families each month.

“I’m very grateful for the opportunity to live in this country and in this county where an organization like Manna operates and sincerely cares about the children, the adults, the seniors—everybody who experiences hunger.”– Nancy, Manna participant

EXPANDING OUR REACH

Manna is always seeking innovative ways to expand and diversify our food distribution system, in order to reach areas of greatest need across Montgomery County. Our new Manna Mobile Kitchen was uniquely designed to also function as a Pop-Up Pantry. We plan to bring fresh produce directly into neighborhoods with limited food access due to transportation barriers. This will be an extension of our focus on participant-centered approaches to eliminating hunger.

28,516 individuals served through Food for Families
3.55 million pounds of food distributed
20 distribution sites throughout Montgomery County

DISTRIBUTION SITES:
Family Service Agency • Gaithersburg, MD
Salvation Army Center • Germantown, MD
NEW Glenmont United Methodist Church • Wheaton, MD
NOW INDOORS Long Branch Community Center • Silver Spring, MD
NEW East County Regional Services Center • Silver Spring, MD

CHOICE PANTRIES: (Silver Spring, MD)
Colesville Presbyterian Church
NEW Silver Spring United Methodist Church - Four Corners Campus

APARTMENT DROP OFF LOCATIONS:
Forest Oak Towers/HOC • Homecrest House • Hampshire Village Apartments • Londonderry Towers • Oak AME Church • Paddington Square Apartments/HOC • Seneca Heights Apartments • Tanglewood Apartments/HOC • Town Center (Rockville)/HOC • Town Center (Olney)/HOC • The Willows Community • Victory Towers Apartment
Because hunger doesn’t stop with the school bell, Manna created the Karen Goldberg Smart Sacks program to provide elementary students and their families with food assistance over the weekend.

We work with staff at 59 area elementary schools to identify students in need, then community partners pick up and pack “sacks” of nutritious food so students and their families can enjoy balanced meals even when school breakfast and lunch are not available.

Research shows that consistent nutrition benefits a child’s ability to excel in the classroom, and that critical need spurs us to continue providing students with a healthy menu each weekend that includes whole grains, low sodium canned vegetables, lean proteins and healthy snacks.

Karen Goldberg Smart Sacks

“Smart Sacks has helped my family tremendously with meals over the weekend. They are convenient and healthy products.”
– John*

“I do not have to worry about buying more because I get them from Smart Sacks” (“No tengo que preocuparme por comprar más cosas porque las recibo por el smart sacks.”) – Maria*

“Sometimes we have no rice and since we receive rice [from Smart Sacks] we are able to eat rice.”
– Dula*

* indicates name changed
These 58 community partners pick up food and pack the weekend bags, then deliver them to our schools throughout the 40-week school year.

Anonymous RNs
ARC of Montgomery County
Asbury Methodist/Wilson Health Care
Ashton UMC
ASLHA
ATHENA Consulting
Bank of America
Bethesda United Methodist Church
Blair High School
C.A.R.E.
Calvert Investments
Chevy Chase Trust
Christ Episcopal Church
CNSI
Colesville Presbyterian Church
Epworth UMC
EU Services
First Alliance Church
Goddard School
Greenridge Baptist
Greenwood Elementary School
Herodius Noblelight America LLC
Hughes UMC
Islamic Center of Maryland
Kids of Indian Spring
Layhill Community Church
Liberty Grove UMC
Maplewood Park Place
Melvin J. Berman Hebrew Academy
Millian Memorial UMC
Montgomery College-Germantown
Montgomery College-Rockville
Montgomery College-Takoma Park
MOST
MSC Inc.
Nauticon Imaging Systems
NRC Administration Team
Oakdale Clarksburg Church
Paint Branch High School
Parra Family
Potomac Valley Section, NCNW
PSN, Inc.
Sanberger, Inc.
Sandy Spring Friends School
Sebastian Family
SEEC
Seneca Valley High School
Silver Spring United Methodist
Social & Scientific Systems
Sodexo
SSBSC, Inc.
St. Paul’s United Methodist Church Lydia Circle
St. Mary’s School
St. Matthew Presbyterian
St. Paul’s United Methodist Church Kensington
United Health Care
WCHS Smart Sacks Club
Wheaton Area Moms

Together We are Meeting the Need in Our Community

2,812 children received Smart Sacks
107,412 sacks of food distributed
59 MCPS Elementary School Partners
Advocacy

Community leadership and advocacy are key priorities for Manna, because we cannot fulfill our mission without leveraging our experience within the government, business, and non-profit sectors to influence policies that affect our participants’ lives.

That advocacy must also extend to helping our participants take advantage of the many resources and assets our generous community has to offer, so building trust is vital. To that end, our seasoned community outreach worker, Maria Chavez, meets one-on-one to provide culturally appropriate enrollment support to those eligible for the Supplemental Nutrition Assistance Program (SNAP/food stamps). She’s very good at what she does, and her work was recently featured on NPR’s “All Things Considered.”

In addition, Manna advocates on behalf of our constituents at the national, state, and local levels in a number of capacities. For example, our staff served on the Advisory Committee of the county’s Food Security Plan and were instrumental in securing expanded funding for weekend bag programs benefitting nearly 6,000 students each school year. We also participate in a variety of coalitions working to strengthen local institutions at a time when critical elements of the social safety net, such as food stamps, are being scrutinized at the federal level.

We plan to remain a resilient, welcoming organization amid uncertainty.

“With Manna, you don’t have to have any fear to apply for the services.” – Mary*

* Indicates name changed

800 participants registered to receive SNAP (food stamp) benefits

$119k total monthly SNAP benefits secured through Manna’s advocacy

88% increase in minimum SNAP benefits to seniors
Everyone worries about their health, and Manna's Nutrition Education programming is designed to give individuals the knowledge and skills needed to improve their health within their means. This year, we offered a new workshop covering misleading marketing on food packaging. And, we improved our ability to reach and learn from audiences with various languages and literacy levels by increasing visuals in our presentations and workshop surveys.

In addition, we responded to participant concerns about Type II Diabetes with a workshop directly addressing misconceptions about eating to control the disease. Our Sugar Shockers program was time well spent for many attendees, as evidenced by a survey in which more than 90 percent of participants said they now know that Type II Diabetes is preventable and, moreover, that they now know more about making healthier choices.

Debunking myths and delivering content to individuals in a tailored way reinforces the significance of small, doable health improvements—like moving more and drinking water—and helps families see what is in their control. For example, one participant, Tina*, said that after this class, she intends to eat “less sugar and more fiber” in her diet.

* indicates name change

“Thank you so much, you made a big difference in my kids’ life and mine. This will help me make better choices for my family.” – mother who attended Sugar Shockers workshop

855 participants in nutrition classes & grocery store tours
93% participants report reading food labels for added sugar
It was a great year for Community Food Rescue (CFR), Manna’s innovative program that enables our community to rescue unsold, surplus food and redistribute it to people experiencing hunger.

First and foremost, the CFR network received 1.4 million pounds of rescued food—the equivalent of 933,333 meals! We also forged valuable new connections between food donor businesses, food assistance organizations and volunteer food runners. It was quite an honor to be recognized by *Bethesda Magazine* and awarded their prestigious Green Champion Award for Innovation at the 7th Annual Bethesda Green Gala in October.

Beyond those milestones, CFR welcomed three new institutional food donors, including Sodexo’s food services at Asbury Methodist Village, a premier retirement community with four kitchens. Asbury donates their surplus, cooked-from-scratch meals twice a week to Shepherd’s Table as well as the Montgomery County Coalition for the Homeless (MCCH).

In addition, we added our first government and public-school donors this year. The Forest Glen Commissary donates surplus chicken and other food to Manna, and Redland Middle School donates fresh fruit and vegetables, cereal, applesauce, juice and milk left from the breakfast or lunch “share table” to Interfaith Works Watkins Mill.

To follow CFR’s progress and to volunteer, visit: www.communityfoodrescue.org

Food donation is not burdensome, no matter what, because otherwise we would be likely throwing the food away. The only thing I would change is that we would’ve started earlier.”

– Lester Britton, Assistant Dining Operations Manager at Sodexo Asbury Methodist Village.
Cost or transportation challenges should not cause our neighbors to miss out on good nutrition, which is why Manna created its Farm to Food Bank initiative in 2010.

Manna is proud to work with four weekend farmers markets (listed on our Food Donors page) where vendors are paid a small stipend to hand over unsold produce to Manna staff who then distribute it throughout the county the following week. We also have unique agreements with One Acre Farm, Red Wiggler Community Farm, Chocolates and Tomatoes Farm, and, our newest provider, Your Chef’s Table. Manna purchases thousands of pounds of locally-produced bounty from these farmers at less-than-wholesale prices, and they deliver the goods to Manna throughout the growing season, and in some cases year-round.

This year, our Farm to Food Bank partners provided regionally-produced greens, tomatoes, eggplant, zucchini, corn, melons, squash, apples and more that Manna shared with grateful program participants. They reported overwhelmingly (83%) that receiving fresh produce is helpful in improving their health.

In addition to this direct impact, supporting local agriculture increases food security for all county residents—an essential part of Manna’s goal to eliminate hunger in Montgomery County.

Photos: One Acre Farm (top) & Red Wiggler Community Farm

130,161 pounds of fresh, local, often organic produce received
76% of participants want even more fresh produce offered through Manna programs

“The Olney Farmers Market is proud to be a longtime partner of Manna. We are glad to be able to assist Manna in fulfilling the mission of providing fabulous fresh produce to those in need in Montgomery County. Without Manna’s initiatives, so many people would go hungry, and that would be devastating. We are thrilled that we can help Manna carry out its goals.”

– Janet Terry, manager, Olney Farmers and Artists Market
Manna relies heavily on volunteers to support our mission of fighting hunger and feeding hope in Montgomery County. Without their dedication day in and day out, Manna would not be able to serve the more than 32,000 people who receive services and participate in programming throughout the year. Together, the total number of hours these amazing individuals and groups provide equals 35 full-time employees. This is more than the number of employees on staff at Manna! We extend our sincerest thanks to all the volunteers who helped out once, twice, or who are our “regulars.”

**Volunteers**

**THANKS TO OUR COMMUNITY PARTNERS**

These groups served four or more times during the year.

**Corporate/Business**
- Aronson LLC
- Asbury
- Bank of America
- Bloomberg BNA
- EU Services
- FINRA
- Kaiser Permanente
- Legal and General America
- MedImmune
- Medstar Montgomery Medical Center
- Morgan Stanley
- Nasdaq
- Radius Travel
- Shady Grove Fertility
- Sodexo

**Faith-Based**
- Adat Shalom
- Catholic Charities
- Catholic Singles of Greater Washington
- HOPE Church
- Kol Shalom
- Magen David Synagogue
- Oakdale-Emory UMC
- Redland Baptist Church
- Temple Beth Ami
- Tikvat Israel Synagogue

**Schools**
- Bullis School
- Gaithersburg High School NHS
- JFK NHS
- NIH Graduate Program
- Norwood School

**Community/Association/ Government/Civic Groups**
- Boy Scouts of America
- CHI Centers, Inc.
- Community Support Services
- Filipino American Associate of Bethesda
- Girl Scouts of America
- King Farm
- Mishkin Group
- MoCo Over 40 Active and Social Meetup Group
- Olney Lions
- Olney Rotary
- Potomac Bethesda Rotary Club
- RIO Works
- SEEC
- Tilden Woods
- University of Maryland CIVICUS Living and Learning Program
- Wounded Warriors
- Young Group

“I love the holistic approach Manna takes for their clients. We don’t just pass out food boxes. We provide nutrition education, cooking classes, grocery store tours, etc. — all to help educate our clients on affordable healthy eating.” — Leslee

“Manna is a wonderful place; I can’t explain it. It just makes me happy!” — Joanne

“The sense that I’m doing something good for the community. I enjoy interacting with the staff, volunteers and our participants. We all help each other to accomplish our goal—ending hunger in Montgomery County. It doesn’t hurt that we have a good time doing it!” — Ann
Thousands of volunteers support Manna throughout the year. This list represents our core team of weekly & monthly volunteers. Thank you to everyone who has dedicated their time and talents.

SPECIAL THANKS TO OUR REGULAR VOLUNTEERS

Thank you to our core team of weekly & monthly volunteers.

Debbie Anderson
Carlos Andreu
Megan Ansbro
Bob and Lee Arthur
Jan Austin
Arvind Awasthi
Fidel Baeza
Kay Barger
Elaine Barnard-Luce
Terry Baughman
Vrinda Bawa
Justen Baxter
Melanie Becker
Joanne Beckish
Flor Benosayaey
Jean Bender
Julie Beres
Steven Bernstein
Larry Blaskopf
Ron Boyd
Isabelle Braly-Cartillier
Genevieve Callands
Esther Camacho
Ivan Carbonell
Carolyn Carlson
Mary Lou Carter
Evelyn Chan
Ruth Chio
Gabe Chikes
Jane Melaney Coe
Susan Colby
Cathy Conklin
Rena Convissor
Jordan Cooper
Carol Cooper
Kristi Cruzat
Christine Culp
Steve Debrecht
Marilu Del Carpio
Clare Delaney
Debbie Demske
Gagan Deol
Hieu Dinh
Wendy Dowling
Ligia Drijas
Tom Eagle
Donna Edwards
Paige Emerson
George Eng
Anne Engel
Tom Estrin
Kelly Evans
Keith Feeney
Arnold/Laura Feldman
Jill Filler
Mary Jane Frahm
Annette Fuquay
Debbie Gann
Xiongfei Gao
Kellie Gilchrist
Mitchell Glassman
Sharon Gobel
Marilyn Greenwood
Michael Greenwood
Asini Gulanawathalage
Fresia Haber-Vasquez
Paula Hall
Carey Hansen
Jim/Liz Hastings
Donna Haynes
Cynthia Herrings
Lisa Hoflechter
Daniel Huang
Randy Huff
Guliz Imre
Pauline Jakobsberg
Jesse Jefferson
Bruce Johnson
Kathie Jones
Elaine Joselevitz
Kurioceo Joseph
Ann Kennedy
Katheryn Kim
Mike King
Carla Krivak
Shayam Lakshmanan
Sohan Lal
Mary Lang
Deb Lang
Elise Lavider
Bill Levitan
Yile Li
Hannah Lipman
Kim Little
Linda Mahar-Wivel
Doug Mahoney
Phoebe Mallard
Joan Mallinger
Marieliza McClain
Tim McDonald
Andy McLaughlin
Gary Metz
Alexander Moreta
Kristine Morgan
Linda Mullinix
Nancy Murphy
Robert Myers
Alex Naron
Cara Navarro
John Nesbitt
Julia Neumer
Richard Nichols
Niki Nikpour
Janice O'Brien
Sue O'Hara
Hwei Ling Ong
John Oppenheim
Leslee Ortiz
Betsy Palmer
Susa Penny
Nick Piazza
Alan Polond
Teri Poux
Tharini Ramakrishnan
Billeye Joyce Roberts
Susan Roffman
Karen Rollings
Jennifer Rossmere
Gail Rothberg
Oendril Roy Roy
Cindy Rubenstein
Rich Rubenstein
Susan Schatten
Savithri Selvaraj
Rosa Shyy
Bernard Silverstein
Marilyn Simonds
Wendy Smith
Don Spencer
Sharon Steiger
Samantha Stackel
Elizabeth Stein
Suzy Swagart
Dean Swanson
Ranjana Tandon
Beth Taylor
Janet Tello
Suzann Tom
Gary Tomovich
John Tripplet
Rachel Truong
Karen Venit
Maribel Verduzquez
Jose Villanueva
Anne Wallace
Diann Waters
Donna White
Chris Williams
Ahlaya Wise
Virginia Wolf
Holly Wong
Rick Zambrano
Susan Zaner

50,308 volunteer visits
74,177 volunteer hours
$1.09 Mil value of volunteer services
Manna in the Community

Manna both serves the community and relies on the community to fulfill our mission. We are collaborating year-round, distributing food, partnering with other organizations, hosting food drives and participating in events, festivals and fairs.

We are grateful to our community leaders, who helped us identify indoor locations for three new distribution sites this year. It makes such a difference to our neighbors in Glenmont, Long Branch and Silver Spring to be able to come to these locations without standing in inclement weather. We also added our second Choice Pantry, providing additional opportunities for participants to select their own food.

We could also be found hosting the Montgomery County Road Runners on their New Year's Day 5K, leading a “Stuff the Bus” 5% Day at area Whole Foods Market stores and holding regular food drives at Giant stores, harvest events, and farmers market tabling.

It’s so gratifying to have community support needed to make these events successful, and our annual Heroes Against Hunger Awards reception gave us the opportunity to honor community leaders making an impact against hunger. In March, we honored Stuart and Joy Stein as our Individual Heroes of the Year, Otsuka America Pharmaceutical, Inc. as our Corporate Partner of the Year, and Red Wiggler Community Farm in our new Community Partner of the Year category. Congratulations to these heroes for their outstanding commitment to eliminating hunger in Montgomery County!
We are committed to eliminating hunger in our community.

MD Senator Cheryl Kagan visits volunteers at Whole Foods 5% Day (top), Congressman Jamie Raskin supports Manna’s new indoor distribution in East County (bottom left)
Manna’s Supporters

$50,000 & Above
Montgomery County, MD
Greater Washington Community Foundation, Neighbors in Need-Montgomery Fund

$25,000 - 49,999
Burness Communications
City of Gaithersburg
The Community Foundation, National Capital Region
The Dreischer Foundation
Mr. William P. Roberts, III
Whole Foods Market
William S. Abell Foundation
Wolpoff Family Foundation, Inc.

$20,000 - 24,999
Alice Shaver Foundation
EFSP
Ronald & Barbara Boyd
William E. Cross Foundation, Inc.
Margaret Chao & Tso-An Yu
State of Maryland
Food Research & Action Center, Inc.
Giant Food, Inc.
Patricia Harvey
City of Rockville
Julin Cheng-Hu Memorial
Matthew Keene
Marriott International, Inc.
Linda & Richard Matheny
Idris Mokhtarzada
NAIOP Maryland/DC Chapter Inc.
Osher at Johns Hopkins University

Church of the Redeemer
Otsuka America Pharmaceutical, Inc.
Harris Family Foundation
Jacklyn Pearce & Karen Merrell
Sanders Foundation
Robert & Maureen Sievers
Medad Family Foundation
Sodexo Foundation, Inc.
Stuart & Joy Stein
TD Charitable Foundation
Walmart Foundation
Marcela Welch

$5,000 - 9,999
3M Foundation
Asbury Communities
Margaret Binns & Patrick Mahon
BLH Technologies, Inc.
William & Karen Carlson
CNSI
Colesville Presbyterian Church
Montgomery County Volunteer Center
Helen Doppell
Great American Restaurants
Healthcare Initiative Foundation
HMS Host Foundation Inc.
Host Hotels & Resorts, Inc.
Jewish Federation of Palm Beach County
Kaiser Permanente
Mr. & Mrs. Andrew Kales
Dean & Jill Lin
Macy’s/Bloomingdale’s
MCPS Educational Foundation, Inc.
Daniel Mudd
Thomas & Jennifer Pavel
Philip L. Graham Fund
Ralph S. & Frances R. Dweck Family Fdn., Inc.
Jason Ralston & Kial Young
Cliff & Deborah White Family Fund
George Sigel & Ann Ferriter
Wegmans Food Markets, Inc.
Wells Fargo Foundation
Daly Computers, Inc.

$2,500 - 4,999
Michael & Leen Alewynse
Anthem, Inc.
Barbara & Andrew Benson
Bloomberg L.P.
BNI Rockville Wednesday
Box Associates Limited Partnership
Chinese Culture & Community Service Center, Inc.
Christ Episcopal Church
Chemical Mills
Sabine Dahm
Lisa Davis
Dick & Jody Vilaro Foundation
Charles Fleischman
The Giro Family
Larry & Laurie Goldberg
Carl Gunderson
Connie Heller
Kathryn Jones
Katzen Family Foundation

Kiranpreet & Kiran Khosa
Marsha B. Leikin
Linder Family Foundation, Inc.
Doug & Marie Liu
Lutheran Church of St. Andrew
Medstar Montgomery Medical Center
Tyler Merrill
The Moshman Charitable Fdn., Inc.
N. James & Ellen Myerberg
National Council of Jewish Women
Richard Neimand
Oppenheimer Funds
Lester Poretsky Family Foundation
Posner-Wallace Foundation
Thaddeus Ratliff
Pamela & Anthony Ryan
Share Our Strength
Silver Spring Presbyterian Church
Joann Smith & Joe Oppenheimer
Wendy Smith
SociA & Scientific Systems, Inc.
Sodexo Inc. & Affiliates
Seth Spargel
St. Francis Episcopal Church
Sugarloaf Mountain Works, Inc.
The Sidgmore Family Foundation
Thomas & Margaret Walle
Westat
Terry & William Wilowsky

$1,000 - 2,499
The 1966 Charitable Trust
Bryan Aaron
Nancy Abell
Margaret Adamson
Adaptive Methods
Aldon Management
Elaine Amir
Nasrin Amirtahmasab & Mehrdad Dastouri

Harold & Lori Amos
Amy Anders
Ark In Youngetonb Associates, LLC
Avendra
Nilo Avila
The Bargain Box Thrift & Consignment Shop
Tara Baten McDaniel & Douglas McDaniel
Gurdeep & Avneet Bawa
John, Susan, Jackson & Olivia Beach
Lauren Beauc
Nancy Behan
Chandler & Jesse Becker
Jeanette Beers
Victoria Bell
Carson Bennett
Kenneth & Sheila Berman
Michael Birbiglia
Ruth Blau & David North
Bloomingdale’s Chevy Chase
Susan & Robert Bodansky
Barry Boughton
Boyd’s Presbyterian
Shirley Brandman & Howard Shapiro
Sidney & Phyllis Bresler
The Bresler Foundation
William Brock & Kathy McGown
Samuel & Gail Broder
Mark & Lisa Bronfman
Marika Brown
Wilson Bryan
Bullis School
Renee & Courtney Burke
Martin & Annette Burns
The Butterfield Family
Chad & Renae Campbell
Daniel Cantor & Amanda Waugh
Capital Bank
Andrew Cebula & Eileen Carr
Guy & Laura Cecala
Chazin & Company
Nallaperumal & Valliammai
Chidambaram
Phyllis & Pweh Chock
Donald & Linda Christoferson
Sarah Cody
Linda Lee Cohen
Shelby & James Collier
Margie Collins
Frank Corner & Lisa Kreppel
Robert Cox
George & Yvonne Coyle
Leslie & Edmund Cronin
Martha, David & Sammy Dantzic
Julianne & Edward Davis
DecisionPath Consulting
Beverly Deppen
Barbara Diskind
Paul Doll
Joseph Doueck
Graham Dower & Sheila Cheston
Susan & Charles Edson
The Emmes Corporation
Episcopal Church of Our Savior
EU Services
Nathan & Elizabeth Evans
Merle Fabian
Joseph & Nivia Facundo
Faith United Methodist Church
The Roger & Katherine Feinthel Charitable Fund
David Fiest
Cathy Fink
Larry & Kathryn Fisher
Lawrence Fogel-Bublick
Robert & Dorothy Fontana
Food Lion Charitable Foundation
Food Recovery Network Inc.
Gary Ford & Nancy Ebb
Jeffrey & Debra Fredman
Gaithersburg Chinese Alliance Church
Garden Club of College Gardens
Clare Garrett
Garrett & Smith Companies
Tom & Hillary Gebier
GEICO Philanthropic Foundation
Alan Gelb
Paul George
David Gersch
Roger & Barbara Gessay
Hoyt & Kathryn Gilley
Michael Goldenberg
Karen & Liran Gordon
Nathan Greenbaum
Gail Greenfield
Harry Gudelsky Enterprises, LLC
Pamela & Corbin Gwaltney
Barry Halpern
Marc & Margaret Hansen
Hartman Design Group Inc.
Wanda & Hossein Hashemzadeh
Judith Heimann
Paul Heldman
David Helsel
Kenneth Herko
Daniel & Judith Herman
Terry & Mary Herndon
Roger Hess & Victoria Perkins
Edward & Daniel Himmelfarb
HMS Host Corporation
Suzanne & Robert Hollingsworth
Edward & Eleanor Howard
Paul & Diane Howden
Anne & Richard Howland
Michelle Hsu
John Hudson
Hughes UMC
Barbara Huntley
The Hwang Foundation
Steven & Victoria Ingraham
Inter-Faith Chapel Mission Committee
Lee & Elizabeth Isaacson
Keith Jacobson & Katherine Michaelian
Debbie & Kenneth Jaffe
Pauline Jakobsberg
Jen Family Charitable Trust
Joel Family Charitable Fund
JustGive.org
David & Janice Kanter
Susan Kick
Melanie & Peter Kim
Susan Klueger
Denise Kratz
Carla Krikv Meister & Mark Meister
Stuart Krohn
Araba Lamouse-Smith
Andrew & Mary Lang
Doo Lee
Lawan Lee
Nancy & Charles Leins
John & Ellen Letourneau
Jimmy Lin
Brenda T. Maas
Lynn Mahoney
Suresh Malikkaarjun
Mater Dei Council Charities, Inc.
Roberta McKay
John & Clementine McLaughlin
Scott & Kimberly McWilliams
Lee Miller, CPA, PC
Kevin Mills
Carolyn Millstein
David & Nicole Mitchell
Modmarket LLC
Kris & Laura Moen
Nina Mojiri-Azad
Montgomery County Road Runners
Montgomery Faith Fellowship
Montgomery Village Rotary Club Foundation Inc.
Nasdaq OMX
National Lutheran Communities & Services
Kenneth Nechin & Annette Bicher
Tracy Neill
Kevin Nicastra & Rebecca Forkas
Suzanne Obloy
David & Rebecca Onuschak
Mary Papagiika
The Parlan Foundation
Kausik & Divya Patel
Mukesh & Kalpanaben Patel
Ruchita Patel
Phyllida Paterson
Larry E. Paul
Jeremy Pelter
Peppo
Stephen Peth
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You have made a difference in the lives of 32,183 neighbors in our community through your generous donations.
Thank You!
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Toigo Orchards
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Penn Farm
Pleitez Produce
Falcon Ridge
Mountain Valley Orchard
Quarter Branch
Scenic View Orchard
Wee Bit Farms
Oak Springs Farm
Chocolates and Tomatoes Farm

We love our grocery store & farmers market partners!

Costco Wholesale
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Forest Glen Commissary
Giant Food
Harris Teeter
Mom’s Organic Market
Roo’s Market
Safeway
Sam’s Club
Target
Trader Joe’s
Wegmans
Whole Foods Market
City of Rockville Farmers Market
Bethesda Central Farm Market
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Westmoreland Berry Farm
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Mountain Valley Orchard
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Scenic View Orchard
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Oak Springs Farm
Chocolates and Tomatoes Farm
We appreciate the skills of dedicated Manna staff, who make our work possible.

Val Campbell, Staff Accountant
Michael Carter, Driver
Maria Chavez, SNAP Outreach
Jackie DeCarlo, Chief Executive Officer
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Tony Robinson, Driver
Victor Rojas, Warehouse Assistant
Katie Sayago, Volunteer Manager
Lindsey Seegers, Nutrition Ed Program Manager
Ellie Shutak, Referral Assistant
Jenna Umbriac, Director of Programs & Policies
Angela Whitmal, Sr Dir, Admin/Participant Services
Silvia Zelayandia, Referral Assistant
Dave Zuniga, Distribution Clerk
Manna served 32,183 adults and children in FY2017 thanks to the generous support of our community through financial donations, food drives, in-kind goods and services and 74,177 volunteer hours. We leveraged our resources thanks to food, funds and friends.

To view a copy of Manna’s complete audited financial statements and 990, visit http://www.mannafood.org/about/financial-statements/

### Revenue

- **Individuals** ...................................................... $ 1,071,591
- **Government Agencies** ....................................... $ 646,419
- **Foundation Grants** ............................................ $ 381,656
- **Workplace Campaigns** ...................................... $ 205,651
- **Corporations** .................................................... $ 153,586
- **Events** ............................................................. $ 61,358
- **Faith-Based Organizations** ................................. $ 57,962
- **Investment Income & Other** ................................ $ 13,614

**Total Revenue** ........................................... $ 2,591,837

### Expenses

- **Salaries** ........................................................... $ 1,090,306
- **Food Purchasing & Program Related Expense** ..... $ 414,940
- **Benefits & Payroll Taxes** .................................... $ 227,730
- **Warehouse Rental** ............................................ $ 222,999
- **Professional Fees** ............................................. $ 184,163
- **Vehicles, Equipment & Maintenance** .................. $ 180,811
- **Office Expenses & Technology** ........................... $ 172,062
- **Grants** ............................................................ $ 35,525

**Total Expenses** ........................................... $ 2,528,536

### Sources of Donated Food

- **41%** Grocery Stores & Rescued Food
- **27%** Community Donations
- **12%** Federal Emergency Food Program
- **24%** Fresh Produce & Farmers Markets

### In-Kind Donors

Thank you for supporting Manna with your services!

Gene's Johns  
Groom Law Group  
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Taylor Hicks

**94 cents** of every dollar goes to support programs & services
DONATE FUNDS
Donations from supporters like you account for 41 percent of Manna’s budget! We are grateful to our friends for remembering us whether contributions come through annual campaigns, workplace giving, food and funds drives, birthday dedications, bar and bat mitzvahs, stock donations and estate planning.

If you would like to help fight hunger and feed hope in Montgomery County today, please use the enclosed tear-off and envelope to make your donation. You can also make a secure one-time or recurring contribution online at manna.networkforgood.com.

DONATE FOOD
In addition to funds, Manna depends on food donations throughout the year to sustain our services. As we seek to give a healthy mix of food to our clients, please check out our new Most Needed Foods List at mannafood.org/givefood/most-needed-foods-list/. If you’re planning a food drive, turn it into a food and funds drive with our NEW custom fundraising pages. Contact info@mannafood.org for details.

DONATE TIME
Volunteers are Manna’s backbone, and we would love for you to get involved as a volunteer in our warehouse, referral office or out in the community. We would appreciate having you whether you can dedicate one day, one week or make it a regular service for you, your family, place of business or congregation. We have opportunities available during the day, evening and weekend, and invite you to check out mannafood.org/volunteer-with-us/ and fill out an interest form today!
Ending Hunger in Our Community

Manna Food Center
9311 Gaither Rd.
Gaithersburg, MD 20877