



man
na
food center

ANNUAL REPORT

FY 2016



Dear Friends,

What a busy and productive Fiscal Year 2016 it has been for Manna, both with respect to service and strategy!

Manna Food Center launched a three year planning process, analyzing the feedback of stakeholders and trends in our community. Throughout that process, we continued delivering high quality services and nutritious food to 32,756 individuals through a network of two dozen distribution sites. Thanks to 55 community partners at 60 MCPS elementary schools, Manna's Smart Sacks program supported the academic achievement of more than 2,490 students through good nutrition and "Smart Sacks Food Facts." Around the County we conducted 94 classes to share skills for shopping and cooking on a budget.

However, statistics only tell a partial story. Manna, with the help of our partners, has increased the Maryland Food Supplement Program (SNAP) for seniors, created a new outreach office in Silver Spring, and has had great success with the innovative Community Food Rescue network.

A huge thank you to our supporters and our many volunteers, who helped make these accomplishments possible. Please continue the fight hunger with us. We cannot do this work without your support! As we look to the future, we recognize our community faces many food security challenges, especially regarding seniors, people with disabilities, and the working poor. Manna's Board has been working hard generating a new strategic plan for guiding these initiatives and providing a path to achieve ambitious goals. Manna is convinced, with your continued support, we can advance our vision of a Hunger Free Montgomery County.

Best Regards,



Carla Krivak
Board Chair



Jackie DeCarlo
Executive Director



BOARD OF DIRECTORS

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Selena Mendy Singleton
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Office of U.S. Representative
Donna Edwards

Wendy Smith, RD, LDN
Sodexo, Inc

Highlights



Silver Spring Outreach Office

As we adapt to changing County demographics and in order to be closer to many families we serve, **Manna has opened an outreach office on University Blvd in Silver Spring.** Thanks to long-term Smart Sacks partner, Silver Spring United Methodist Church (SSUMC), we will be joining other nonprofits in the church's new mission site at Four Corners. Manna will be partnering to expand SSUMC's hunger ministry with the opening of our second choice pantry this fall.

Breaking Bread Initiative

One of our planned uses for the SSUMC office is to host more gatherings of our Breaking Bread initiative. Generously supported by the Samuel & Harriet Miller Fund, Manna's Breaking Bread events use the power of food as a connector to bring diverse groups of community members together to **explore new solutions to ending hunger.** Our goal is to inspire the co-creation of a Montgomery County where all have access to safe, sufficient, nutritious food.



Strategic Planning

Vision is evident in the strategic planning process Manna undertook this fiscal year. The plan reiterates Manna's mission of food distribution, education, and advocacy, while prioritizing participant-centered programs, a sustainable business model and our leadership role as the Center of ending hunger in the County. **Check out the plan** at: www.mannafood.org/who-we-are/strategic-plan

Manna cannot achieve these goals without you and **we thank you for the support** that makes our service possible.

*Together We Are Meeting the
Need In Our Community*

71k

Neighbors in
Montgomery
County are food
insecure

1 in 3

MCPS students
qualify for Free or
Reduced meals at
school

8,060

County Seniors
live below the
poverty line

Food For Families

Manna offers an average of 3,760 families approximately **60 pounds of perishable and non-perishable food every month**. This allows families to boost their monthly food budget by more than \$100 a month.

Early each morning, our Food for Families program begins with Manna's food pickups from **more than 50 grocery stores and farmers markets** across the County. Manna screens and sorts rescued produce, then combines fresh food with shelf-stable items. These are often donated to us from a range of community groups from Scouts to synagogues. Thanks to the service of our community and corporate volunteers, the food is sorted according to nutritional content and quality.

Food boxes are distributed at **Manna's warehouse** daily and through a **network of satellite locations**. Many of these satellite locations serve seniors living in subsidized housing. Seniors often face additional barriers to food access including unique health, social, and nutrition challenges.

Food for Families involves many moving parts. We give a **special thanks to our partners** at St. Camillus Church, Catholic Charities, Salvation Army, Family Services, Inc., Long Branch Community Center and East County Community Center, who welcome us to their locations once a week for food distribution activities.

Manna Makes a Difference

*"If there was no way to get food from Manna during the month, the hardship would be great, especially for my children who often have to go to bed hungry. There are numerous occasions during the month where there is only enough food for my children, so I will miss a meal." - Sharon**

* Indicates name changed



Tony delivering food to 46 seniors at Franklin Apartments, in partnership with Adventist Community Services of Greater Washington



Boxes of fresh items are prepared for clients every day & often include locally grown produce



A volunteer brings 60 lbs of food to the car of a Manna client

Choice Pantry Impact

Manna's Choice Pantry at Colesville Presbyterian Church, now in its second year, serves around **70 families each month**.

Hospitality marks the client experience, as *shoppers* peruse the pantry and select items that meet their health, cultural and personal needs.

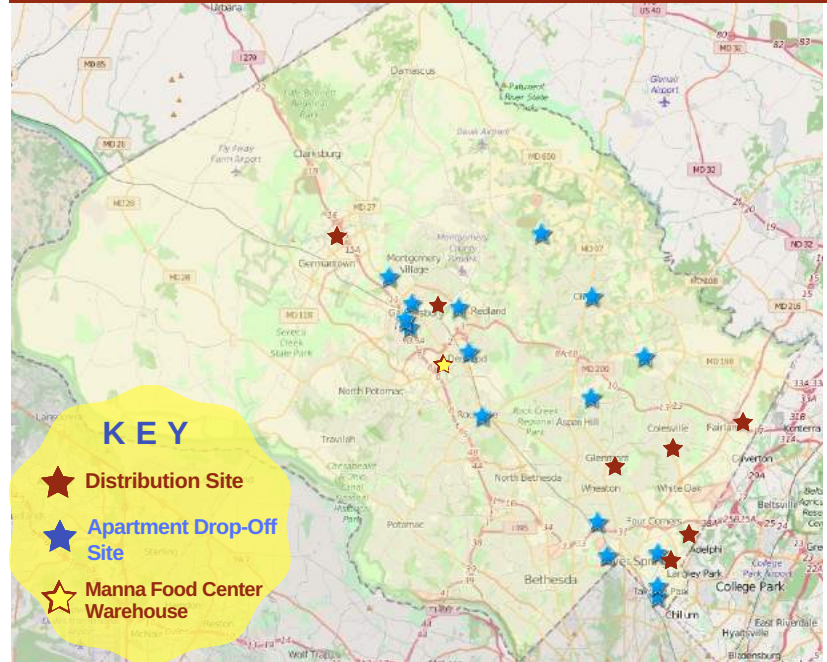
*"I love being able to pick out food that my family will enjoy." Ana**



Manna in the Community

Transportation is a significant challenge for many of our clients. To help remove that barrier, Manna distributes food not only from our warehouse but at distribution sites throughout the County.

Manna also drops food off directly to housing complexes so residents with special needs do not have to travel.



Credit: www.LyndyWorsham.com

32,756

Individuals served
through Food For
Families

**2.47
million**

pounds of food
distributed

24

Distribution Sites
throughout
Montgomery
County

Karen Goldberg Smart Sacks

The Karen Goldberg Smart Sacks program supports over 2,490 elementary school students and their families with food assistance over the weekend. School staff at 60 area elementary schools identify students in need, community partners pick up and pack “Sacks” of nutritious food, and **students and their families enjoy balanced meals** when school breakfast and lunch are not available.

"The children are so excited every week. I have some students who linger after the others in case there is an extra bag. They like to feel responsible in helping their families with groceries." - Counselor

Students receive a nutritious menu each week, including whole grains, low sodium canned vegetables, lean proteins and healthier snack items.

The benefit of consistent nutrition to a child's ability to **excel in the classroom** prompted the creation of this landmark program – and the critical nature of this need is what continues to drive its success.

Manna Makes a Difference

*"I have four students in school, I work two jobs during the week and one on the weekend. I am unable to provide anything but the bare minimum and need to be sure my children are eating. Manna has provided my family with healthy food that is easy for my kids to make on their own. It has been a blessing to know that when I get home past 8 or work on Saturday that my children will eat." - Rachel**



Focus groups with parents & teachers at Waters Landing Elementary (above); Partner packs bags for the week (below)



SPECIAL APPRECIATION TO OUR DEDICATED SMART SACKS PARTNERS!

These individuals & groups pick up food and pack the weekend bags, then deliver them to our schools throughout the 40-week school year.

Anonymous RN's	MC-Takoma Park
ARC of Montgomery County	Melvin J Berman Hebrew Academy
Asbury Methodist/Wilson Health Care	Millian Memorial UMC
ASLHA	Montgomery College
Bank of America	MOST
Beth United Methodist Church	MSC Inc.
Blair High School	Nauticon Imaging Systems
C.A.R.E	Nieh Family
Calvert Investments	Oakdale Clarksburg Church
Chevy Chase Trust	Paint Branch High School
Christ Episcopal Church	Potomac Valley Section, NCNW
CNSI	PSN, Inc.
Colesville Presbyterian Church	Sanberger, Inc.
Epworth UMC	Sandy Spring Friends School
EU Services	Sebastian Family
First Alliance Church	SEEC
Ginger Macomber	Seneca Valley High School
Goddard School	Silver Spring United Methodist
Greenridge Baptist	Social & Scientific Systems
Greenwood Elementary School	Sodexo
Hughes UMC	SSSBC, Inc.
Islamic Center of Maryland	St Paul's UMC Lydia Circle
Islamic Cultural Center of Potomac	St. Mary's School
Kids of Indian Spring	St. Matthew Presbyterian
Layhill Community Church	St. Paul's UMC Kensington
Liberty Grove UMC	United Health Care
Maplewood Park Place	WCHS Smart Sacks Club
MC-Rockville	Wheaton Area Moms



We truly value parents' input and their first-hand perspective on preparing Smart Sacks food to benefit their entire families. Mothers from Gaithersburg Elementary (above: 120 Smart Sacks students served) & Arcola Elementary (below: 60 student served) share food and feedback with Manna program leaders, Jenna & Malori.



2,493

Children received
Smart Sacks

60

MCPS
Elementary School
Partners

96,686

Sacks of food
distributed

Advocacy

In addition to food distribution and nutrition education, Manna's mission includes advocacy for legislation and programs that can provide **additional support and sustainable change** in our clients' lives.

This spring, we brought Maria Chavez on board, seasoned community outreach worker, to provide Manna clients with application support for the Supplemental Nutrition Assistance Program (SNAP/food stamps). Maria has made a **huge impact in the community** through her work, enrolling 181 new SNAP recipients and securing \$24,000 in monthly benefits for families in need.

Manna Makes a Difference

While at Manna's Wheaton satellite Maria met Sonia and Michael, parents of three children. Sonia is currently employed but Michael has had trouble finding work. We informed the family of the SNAP program, they applied that day and are currently receiving \$360/month in benefits.

Manna has also been **advocating on behalf of our constituents at the state and local level**. Jackie recently provided testimony in support of Montgomery County Council Bill 16-19 and Manna has been named a key stakeholder in the design of the legislated County-wide Food Security Plan. Manna also helped facilitate the testimony of our senior client, Margaret, before Maryland General Assembly committees. This effort resulted in an increase in the minimum SNAP benefit for seniors across the state.

181

Participants registered to receive SNAP (food stamp) benefits since April

\$24k

Total monthly SNAP benefits secured through Manna's advocacy

88%

Increase in minimum SNAP benefits to seniors



Jackie testifying before the County Council on behalf of HR-19-16, to create a plan to achieve food security in Montgomery County.



Manna outreach worker, Maria, talks to clients at our Long Branch satellite about SNAP enrollment



Manna client testified in Annapolis in support of Senate Bill 758, to increase the minimum senior benefits from \$16 to \$30/mo



Cooking classes at local Rec Centers teach parents creative ways to prepare healthy, budget meals



Nutrition Educator, Lindsey, leading a *Cooking Matters* At The Store healthy shopping class



Jenna & Lindsey compete against Chef Charley of Whole Foods Market in a "Chopped" Event

Nutrition Education

Manna's Nutrition Education programming is designed to **inspire healthy ways to cook with Manna's food, and make healthy choices on a budget**. This year we expanded Nutrition Education at Manna to serve more clients where they are in terms of health, geography and culture. We hosted workshops for seniors and parents about heart health and diabetes in Spanish, Vietnamese, Russian, and Mandarin. We fostered deeper relationships with our Smart Sacks families through community potlucks at elementary schools to kick off our upcoming bilingual community cookbook.

Manna recently completed a survey of clients who took our Cooking Matters At The Store tour, and learned **93%** of respondents stated that learning about MyPlate and techniques for comparing foods **helped them be healthier in shopping and preparing food at home**.

One client, Mary*, said since receiving food assistance from Manna and participating in nutrition education programs over the past two years, **"I have lost 30 pounds and try to encourage my children to eat healthier."** Mary also shared that, as a result of the nutrition workshop, she purchases more fresh vegetables than before. She also reads nutrition labels when shopping and compares unit prices to save money.

Another client, Gertrude*, shared that **fresh fruits and vegetables have become important in her family**.

"I've introduced my family to healthier food and bring healthier food to family gatherings. I'm a great-grandma, this [class] helped my grandchildren eat healthier. I really value and respect Manna's food. It helped me out a lot. I appreciate it." - Gertrude

849

Participants in
Nutrition Classes &
Grocery Store
Tours

86%

Participants report
buying more fresh
produce than before
taking Manna's
class

93%

Participants report
making healthier
shopping & cooking
choices after
the class

Community Food Rescue



Community Food Rescue (CFR) fulfills the need to coordinate and build the capacity of our community to **rescue and redistribute unsold, surplus food** to people experiencing hunger.

In 2015, the CFR network reported receiving 2,802,265 lbs. (2,335,221 meals) of rescued food valued at \$4,935,613. Behind these numbers lie the **special connections made** between food donor businesses like High Point catering which donated 10 trays of hearty appetizers after a Manna fundraiser to Montgomery County Coalition for the Homeless, whose shelter clients enjoyed a delicious meal the next day.

CFR donor Farmer Amanda Cather of Plow and Stars Farm is committed to giving back to the community. She also won't let her beautiful **organic vegetables** grown with hard work go to waste. Last year, she donated more than 2,000 lbs. of unsold fresh organic produce to multiple CFR food assistance organizations.

Clients received bags of fresh produce to take home through Rainbow Community Development Corporation or ate a delicious meal cooked with this produce at CFR partners, Shepherd's Table and Family Services, Inc.

"We are so happy to be part of the Community Food Rescue community! Sharing the [CFR] story is so important, as all of us together ensure that all people are nourished, no one goes hungry, and food is not wasted!" - Shepherd's Table

To follow CFR's progress & volunteer, visit: www.communityfoodrescue.org

**2.8
million**

Pounds of food
donated through
CFR in 2015

**\$4.9
million**

Dollars Value
of the food
donated

396k

Total number of
people
served with this
rescued food



Fresh food donated by One Acre Farm & received by People Encouraging People



Beautiful local produce shared by Plow and Stars Farm



Trays of prepared food from High Point Catering donated to MCCH



(top) Young Manna "volunteer" collects donations at the farmers market; (middle) Farmer Mike donates produce from One Acre Farm; (bottom) Jenna helps Farmer Mark on Chocolates and Tomatoes Farm

Farm to Food Bank

Fresh fruits and vegetables are an essential part of a healthy diet. Many Montgomery County residents don't have access to these important nutritious foods, which is why Manna created its Farm to Food Bank initiative in 2010. Farm to Food Bank provides **locally grown produce to those experiencing hunger** in our community by partnering with neighboring farms throughout the growing season.

The exponential growth of our program's distribution makes clear its success, soaring from 35,894 pounds of produce in our first year to 133,292 pounds last season.

Manna is proud to work with four farmers markets (listed on our Food Donors page) and **three Montgomery County farmers: One Acre Farm, Red Wiggler Community Farm & Chocolates and Tomatoes Farm**. We are deeply grateful to these partners for their enthusiastic participation, and for their donations of hundreds of additional pounds of food.

"That I could reap the bounty of the land, so graciously provided by the good people of Montgomery County, just moments away from such need and such promise without acting to their benefit would be unconscionable. Fortunately the good people at Manna have provided me the opportunity to be a part of something special. Not only do we feel honored to partner with Manna, but feel the better for it." - Mark Mills, Chocolates and Tomatoes Farm

We know that supporting our local food system is an integral part of **increasing food access for all residents** and essential to our goal of eliminating hunger in Montgomery County.

**133,292
pounds**

of fresh, local, often
organic produce
received

9%

Increase in the amount
of food we receive
from local farms &
farmers markets

21

Number of local farm
& farmers market
partners Manna
works with

Volunteers

Manna truly could not fulfill its mission of fighting hunger and feeding hope in Montgomery County without the help of dedicated volunteers from our community.

These wonderful individuals and groups give of their time and talent. Without their service, Manna would need to hire the equivalent of 35 full-time employees!

Our volunteers save Manna over one million dollars each year, money that we are able to invest in our critical programs and services.

Whether you have helped out once, twice, or are a "regular", our sincere thanks from the entire Manna team.

"I am proud to be a regular volunteer at this organization and work with such wonderful people." Joanne

Thanks to Our Community Partners

These groups served four or more times during the year.

Corporate/Business

Asbury Communities, Inc.
Bank of America
BrightView
EU Services
FINRA
Kaiser Permanente
Medstar Mont. Medical Center
QIAGEN
Radius Travel
Sodexo

Faith-Based

Adat Shalom
Cedar Lane Unitarian
Universalist Church
HOPE Church
Kol Shalom
Oakdale Emory UMC
Redland Baptist Church
St. George Greek Orthodox Church
Temple Beth Ami

Schools

James Hubert Blake HS
Bullis School
Clarksburg HS
Gaithersburg HS

John F Kennedy HS
Norwood School
Richard Montgomery HS
Roberto Clemente MS
Watkins Mill HS
Thomas S Wootton HS

Community/Association/ Government/Civic Groups

The Arc Montgomery County
Boy Scouts of America, NCAC
Community Support Services
Fil-Am Association of Bethesda
Girl Scouts of America, GSCNC
Glenstone Foundation
King Farm
Medi Volunteers
Mishkin Group
MoCo Over 40 Active & Social
NIH Graduate Program
Olney Lions Club
Potomac Bethesda Rotary Club
SEEC
Tilden Woods
University of Maryland CIVICUS
Living and Learning Program
Wounded Warriors
Young Group



Special Thanks to our Regular Volunteers

Thousands of volunteers support Manna throughout the year. This list represents our core team of weekly & monthly volunteers. Thank you to everyone who has dedicated their time and talents.

Debbie Anderson
Carlos Andreu
Lee Arthur
Jan Austin
Elaine Barnard-Luce
Terry Baughman
Joanne Beckish
Flor Benasayag
Steve Bernstein
Larry Blaskopf
Ron Boyd
Genevieve Callands
Carolyn Carlson
Mary Lou Carter
Evelyn Chan
Ruth Chia
Jane Meleney Coe
Wayne Coffey
Susan Colby
Carol Cooper
Kristi Cruzat
Fresia de Haber-Vasquez
Steve Debrecht

Marilu Del Carpio
Debbie Demske
Gagan Deol
Hieu Dinh
David Dolinsky
Wendy Dowling
Tom Eagle
Donna Edwards
George Eng
Anne Engel
Tom Estrin
Keith Feeney
Arnold/Laura Feldman
Mark Feldman
Larry Fishman
Annette Fuquay
Debbie Gann
Xianfeng Gao
Tom Gaynor
Nathalie Gilfrich
Mitchell Glassman
Sharon Gobel
Paula Hall
Carey Hansen

Jim Hastings
Donna Haynes
Julie Heatherly
John Hess
Daniel Huang
Guliz Imre
Pauline Jakobsberg
Jesse Jefferson
Bruce Johnson
Kathi Jones
Elaine Joselovitz
Kuriacose Joseph
Mina Kamazani
Ann Kennedy
Kaaren Kerrigan
Mike King
Carla Krivak
Sohan Lal
Mary Lang
Elise Lavidor
Yile Li
Hannah Lipman
Doug Mahoney
Ted Manley

Tim McDonald
Andy McLaughlin
Emily Mellgren
Gary Metz
Linda Mullinix
Nancy Murphy
Alex Naron
Cara Navarro
Julie Nelson
Cyril Ngole
Richard Nichols
Janice O'Brien
Sue O'Hara
Hwei Ling Ong
Leslee Ortiz
Betsy Palmer
Alan Poland
Teri Poux
Tharini Ramakrishnan
Terri Robertson
Susan Roffman
Karen Rollings
Jennifer Rossmere
Gail Rothberg
Sharon Seidel

Savithri Selvaraj
Bernard Silverstein
Marilyn Simonds
Gail Singer
Wendy Smith
Samantha Steckel
Elizabeth Stein
Tracie Stolive
Alicia Sullivan
Suzy Swagart
Dean Swanson
Beth Taylor
Gary Tominovich
Morghana Transue
John Triplett
Janet Valette
Craig VanDemark
Karen Venit
Donna White
Chris Williams
Ahalya Wise
James Yen
Terry Yen
Rick Zambrano
Susan Zaner



38,826

Volunteer Visits
in FY2016

72,842

Hours of Volunteer
Service donated to
Manna

**\$1.07
million**

Value of Volunteer
Services

Manna in the Community

Throughout the year, **Manna is represented in our community** at events, food drives, festivals and fairs. In FY2016 we were honored to be the charity partner of Downtown Silver Spring's "Reimagine the Holidays" campaign. The Foodie Festivus event featured a utensil-themed tree, "Chopped" style competition pitting Team Manna against Chef Alex Garcia (both pictured), food and awareness campaign. A special thanks to Downtown Silver Spring for partnering with Manna!

We also partnered with many great organizations to host food drives this year, including RideOn and Giant food stores (both pictured). Manna tabled in the community at Sugarloaf Craft Festival and industry gatherings. These special events are in addition to Manna's daily distribution work in the community (see Mike pictured with Manna's truck at Long Branch Community Center).

Manna's signature event is our **Heroes Against Hunger Annual Awards reception**, where we take the opportunity to honor community leaders making a difference in the fight against hunger. In April, we honored Shondra Jenkins, Executive Director of the Sodexo Foundation and Director of Community Relations at Sodexo as our Individual Hero of the Year. Shondra served on Manna's Board and helped found our Smart Sacks program. New for 2016, Manna also honored our Corporate Hero of the Year, Giant Food. Giant was a founding partner of Manna and has remained a significant contributor throughout our 30+ year history.





Manna's Supporters

*You have made a difference in the lives of
40,000 neighbors in our community through
your generous donations.*

\$25,000 & Above

Alice Shaver Foundation
City of Gaithersburg
City of Rockville
Drescher Foundation
Mead Family Foundation
Montgomery County, MD
William P. Roberts, III
State of Maryland
William S. Abell Foundation
Wolpoff Family Foundation

\$24,999 - 10,000

Colesville Presbyterian Church
Elizabeth Formentini & Kenneth
Ranney
Harris Family Foundation
Matthew Keene
Maryland Hunger Solutions
Idris Mokhtarzada
Music For Food
Newman's Own Foundation
Otsuka America Pharmaceutical
Richard E. & Nancy P. Marriott
Foundation
Sanders Foundation
Sodexo Foundation
Stuart & Joy Stein
TD Charitable Foundation
The Community Foundation,
National Capital Region
Total Wine & More
Ada & Albert Wibel Foundation
William E. Cross Foundation
Peter & Susan Young

\$9,999 - 5,000

Anderson & Margery Phillips
Burness
Capital One Services, LLC
Margaret Chao & Tso-An Yu
GE Capital/Healthcare Financial
Services

Giant Food
The Grainger Foundation
Carl Gunderson
Kaiser Permanente
Macy's Corporate Services
Linda & Richard Matheny
Daniel Mudd
Osher at Johns Hopkins University
Philip L. Graham Fund
Share Our Strength
Ethel & Joseph Spatz Foundation
SSSBC
Sugarloaf Mountain Works
Temple Beth Ami
United Way Worldwide
Wegmans

\$4,999 - 2,500

3E Technologies International
Michael & Leen Alewynse
Asbury Communities
Barbara and Andrew Benson
Margaret Binns & Patrick Mahon
Box Associates Limited Partnership
The Bresler Foundation
Samuel & Gail Broder
Chinese Culture and Community
Service Center, Inc.
Church of the Redeemer
Cliff & Deborah White Family Fund
CNSI
Daly Computers, Inc.
Henry & Ama Darko
Charles Fleischman
Jeffrey & Inga Frank
Dana M. Franklin
The Gira Family
Larry & Laurie Goldberg
Marc & Margaret Hansen
Connie Heller
Michelle Hsu
Katzman Family Foundation

Knights of Columbus- Rock Creek
Council #2797
John & Marilyn Kuray
Marsha B. Leikin
Lester Poretsky Family Foundation
Lindner Family Foundation
Medimmune, LLC
Medstar Montgomery Medical Center
The Moshman Charitable Fdn., Inc.,
Eric Moss
N. James & Ellen Myerberg
National Council of Jewish Women
The Open Door Foundation Inc.
Douglas Pelley & Ingrid Satelmajer
Thaddeus Rattley
Michael & Leslie Rubin
Saint Mark Presbyterian Church
Phyllis Satterfield
George Sigal & Ann Ferriter
Silver Spring Presbyterian Church
Wendy Smith
Sodexo Inc.
Seth Spergel
St. Francis Episcopal Church
The Sidgmore Family Foundation
Chrysa Thear
Donald & Nancy Torr
United Healthcare
Thomas & Margaret Waite
Terry & William Witowsky
Ronald Yucas & John De Forge

\$2,499 - 1,000

Bryan Aaron
Abundant Grace Farm
ACC America, WMACCA Chapter
Adaptive Methods
Aldon Management
Nasrin Amirtahmaseb & Mehrdad Dastouri
Harold & Lori Amos
Amy Anders
Arkin Youngentob Associates

Nilo Avila
Gurdeep & Avneet Bawa
Lauren Beauch
Nancy Bechanan
Victoria Bell
Robert Berlinsky
Kenneth & Sheila Berman
Bethesda Healthcare Finance Fund
Ruth Blau & David North
Bloomington's Chevy Chase
Marcia Bond
Barry Boughton
Thomas Bowersox & Christine Shreve
Monica Bradford
BrightView
William Brock & Kathy McGown
Mark & Lisa Bronfman
Patricia Bryant
Bullis School
Renee & Courtney Burke
Martin & Annette Burns
Chad & Renae Campbell
Daniel Cantor & Amanda Waugh
Capital Bank
Jeff Carmines
Carol & Richard Klinkner Charitable Fund
Eileen Carr
Guy & Laura Cecal
Steven Chad
Chazin & Company
Christ Episcopal Church
Donald & Linda Christoferson
Church of The Redeemer
David Cohen
Shelby & James Collier
Cheryl Collins
Brian Collins
Frank Comer & Lisa Kreppel
George & Yvonne Coyle
CSG Enterprise, L.P.
Sabine Dahm
Martha, David & Sammy Dantzic

Julianne & Edward Davis
 Beverly Deppen
 Barbara Disckind
 Paul Doll
 Graham Dower & Sheila Cheston
 Susan & Charles Edson
 Episcopal Church of Our Savior
 Nathan Evans Family
 Merle Fabian
 Joseph & Nivia Facundo
 Faith United Methodist Church
 Judith Falloon
 Roger Feintheil
 Thomas & Kathleen Fingleton
 Larry & Kathryn Fisher
 Lawrence Fogel-Bublick
 Robert & Dorothy Fontana
 Gary Ford & Nancy Ebb
 John Fuchs
 Miriam Galston
 Garden Club of College Gardens
 Michael & Linda Garrett
 GEICO Philanthropic Foundation
 Roger & Barbara Gessay
 Karen & Liran Gordon
 James Gordon & Barbara Richard
 Keith & Mary Grassick
 Great American Restaurants
 Gail Greenfield
 Harry Gudelsky Enterprises, LLC
 Pamela & Corbin Gwaltney
 Sepehr Haddad & Moana
 Appleyard
 Shelby Harper
 Richard & Stephanie Hart
 Hartman Design Group
 Patricia Harvey
 Wanda & Hossein Hashemzadeh
 Paul Heldman
 David Helsel
 Terry & Mary Herndon
 Roger Hess & Victoria Perkins
 Luhsia Ho
 Richard Hoffman & Deborah Levy
 Edward & Eleanor Howard
 Paul & Diane Howden
 Hwang Foundation

Steven & Victoria Ingraham
 Inter-Faith Chapel Mission
 Committee
 Lee & Elizabeth Isaacson
 Keith Jacobson & Katherine
 Michaelian
 Debbie & Kenneth Jaffe
 Pauline Jakobsberg
 Jeff Miller Consulting Alliance
 Jen Family Charitable Trust
 Joel Family Charitable Fund
 Kathryn Jones
 JustGive.org
 Kevin & Kristina Justh
 Helen Kavanagh & John Schultz
 Robert & Shirley Keller
 Susan Kick
 Janie Kim
 Peter Kim
 Rosalind & William King
 Susan Klueger
 Beth Koeritzer
 Shyam Krishnan & Pritha Krishnan
 Stuart Krohn
 Araba Lamouse-Smith
 Andrew & Mary Lang
 Mary Laschober & Steven
 Honegger
 Patty Lee & John Butman
 John & Ellen Letourneau
 Jonathan Levine
 Carolyn Lichtenstein
 Powell & Malinda Lindsay
 Steven Linscheid
 Doug & Marie Liu
 James Livingstone
 Alyce Love
 Lutheran Church of St. Andrew
 Steven Luxenberg
 Brenda T. Maas
 Fabia & John Mahoney
 Lynn Mahoney
 Suresh Mallikaarjun
 James & Dorie Mangan
 Jeffrey & Trissie Manwiller
 Brian Maranville
 Barbara McConagha

John & Clementine McLaughlin
 James McWhorter
 Lee Miller
 H. Clay Miller, III
 Joel Miller & Julia Hatch Miller
 David & Nicole Mitchell
 Jameshed & Anne Mulla
 Kenneth Nechin & Annette Bicher
 Richard Neimand
 Northwest H.S.
 Suzanne Obloy
 Dianne O'Leary
 Timothy O'Leary
 David & Rebecca Onusach
 Partan Foudation
 Kaushik & Divya Patel
 Ruchita Patel
 Mukesh & Kalpnaben Patel
 Gloria Paul & Robert Atlas
 Larry E. Paul
 Percival Stern Family Foundation
 Stephen Peth
 Hermina Pfeifer & Gerda Keiswetter
 Richard Phillips
 Pilgrim United Church of Christ
 Laurence Platt & Elizabeth
 Herington
 Alan Poland
 Posner-Wallace Foundation
 Potomac United Methodist Church
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Food Donors

Thank you to the individuals & organizations who donated 1,000 lbs or more of food through food drives and collections throughout the year.

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Asbury Communities
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Bargain Movers
BBYO
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Bethesda Co-Op
Bethesda Jewish Congregation
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Montgomery County Master Gardeners
Montgomery County Muslim Foundation

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Montgomery County Volunteer Center
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St. Mary's Catholic Church
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Walter Johnson H.S.
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We ♥ Our Grocery Store & Farmers Market Partners!

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Twin Springs Fruit Farm

Young Harvest

Homestead Farm – Charles County, Faulkner

Valle Produce

Penn Farm

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Falcon Ridge

Mountain Valley Orchard

Quarter Branch

Scenic View Orchard

Manna Team

We appreciate the skills & dedication of past and current staff who make our work possible.

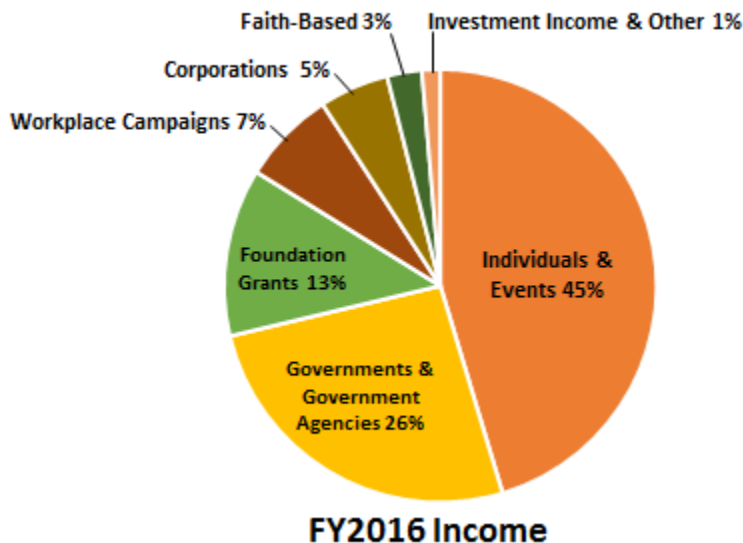
Current Manna Team

Michael Carter, Driver
Maria Chavez, SNAP Outreach
Jackie DeCarlo, Executive Director
Mardia Dennis, Development Manager
Jerome Douglass, Driver
Glenwood Doye, Driver
Edwin Drijas, Director of Logistics
Blanche Hall, Food Distribution Assistant
Malori Holloman, Smart Sacks Program Manager
Julio Huacache, Driver
Stephanie Hubbard, Director of Development
Cheryl Kollin, CFR Program Director
Therese Lampe, Development Coordinator
Yelba Mojica, Client Services Manager
Joel Porras, Warehouse Clerk
Jamal Ray, Warehouse Manager
Curtis Robinson, Driver
Tony Robinson, Driver
Victor Rojas, Warehouse Assistant
Katie Sayago, Volunteer Manager
Lindsey Seegers, Nutrition Ed Program Manager
Ellie Shutak, Referral Specialist
Jenna Umbriac, Director of Programs & Policies
Angela Whitmal, Senior Director of Administration
Silvia Zelayandia, Referral Assistant



Financial Year In Review

Manna served 35,249 adults and children in FY2016 thanks to the generous support of our community through financial donations, food drives, in-kind good and services and 72,842 hours volunteered. We leveraged our resources thanks to food, funds & friends.



Support & Revenue	
Individuals & Events	\$ 1,069,452
Governments & Government Agencies	\$ 611,479
Foundation Grants	\$ 295,614
Workplace Campaigns	\$ 165,748
Corporations	\$ 122,518
Faith-Based Organizations	\$ 61,208
Investment Income & Other	\$ 32,267
Total Support & Revenue	\$ 2,358,286

Expenses	
Salaries	\$ 1,012,840
Food, Community Rescue, & Assistance	\$ 357,103
Warehouse Rental	\$ 218,031
Benefits & Payroll Taxes	\$ 199,183
Vehicles, Food Storage, & Supplies	\$ 166,645
Professional Fees	\$ 142,040
Office Expenses	\$ 126,044
Grants	\$ 96,755
Total Expenses	\$ 2,318,641

In-kind Food Contributions (LBS)	
Grocery Stores & Rescued Food	921,686
Community Donations	659,015
Fresh Produce & Farmers Markets	587,896
Federal Emergency Food Program	310,416
Total In-kind Food Donations	2,478,013 lbs



94 cents of every dollar goes to support programs & services.

To view a copy of Manna's complete audited financial statements and 990, visit our website at www.mannafood.org.

In-Kind Donors

Thank you for supporting Manna with your services!

Burness	Pillsbury Winthrop Shaw
Gene's John	Pittman LLC
Intentional Philanthropy	MLG Consulting
Jeff Miller Consulting Alliance	Response Tech

Your Support Makes a Difference!



Donate Funds

45% of Manna's budget comes from the generous donations of supporters like you!

Our friends contribute not only during annual campaigns, but through workplace giving, food & funds drives, dedicating birthdays, bar and bat mitzvahs, and even remembering Manna with stock donations & estate planning.

Please use the enclosed envelope to make your donation to help fight hunger and feed hope in Montgomery County today. You can also make a secure on-time or recurring contribution online at <https://manna.networkforgood.com>.

Donate Food

Manna depends on food donations throughout the year to sustain our services.

As we seek to give a healthy mix of food to our clients, please check out our new **Most Needed Foods List**: <http://www.mannafood.org/give-food/most-needed-foods-list/>

Planning a food drive? Make it a **food & funds drive** with our **NEW** custom fundraising pages. Contact Mardia@mannafood.org for details.



Donate Time

Volunteers are the backbone of Manna and we would love for you to get involved!

Serve as a volunteer in our warehouse, referral office or out in the community. Dedicate one day, one week or make it a regular service for you, your family, place of business or congregation. Daytime, evening and weekend opportunities available.

Check out www.mannafood.org/volunteer-with-us to fill out an interest form today!

Manna Food Center
501(c)3 Tax ID #52-1289203
United Way #8846 - CFC #23028



Keep Up with Manna on Social Media!



**Manna Food Center
9311 Gaither Rd
Gaithersburg, MD 20877**

FY 2016 ANNUAL REPORT
www.mannafood.org

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