

# **Manna Food Center**

fighting hunger and feeding hope since 1983



FY 2014 Annual Report
Our Stories: The Year in Review

# The People We Serve

"it gives you satisfaction when you do good for others" - Margaret



Manna Executive Director, Jackie DeCarlo, with Friend of Manna, Margaret

Manna Food Center began operations in 1983 through the combined efforts of community, civic and faith leaders to establish a centralized food bank for the county. Manna started operations with a donation of 16,000 pounds of food from Giant Food Stores and served hundreds of people. Today Manna distributes more than 16,000 pounds of food daily and reaches nearly 3,760 families monthly. Our founders were driven by the stories of individuals and families faced with hunger and the fear of food insecurity. Today we are still driven by the stories of those we serve.

As we listen to our neighbors, we hear from those who are working two jobs, yet struggling to achieve self-sufficiency. We hear from those who have come to us for food to help cope with a loss in wages or when the bill from an illness exceeded their monthly budget leaving no money to purchase food. Struggling to make ends meet is a daily challenge for families often referred to as the "working poor." What many people may not know is that one out of three of those who turn to Manna for food are people living with disabilities or seniors on a fixed income. Many of our most vulnerable neighbors struggle daily with the fear of food insecurity while balancing their basic needs on a fixed income like our friend Margaret.

When you've lived as long as Margaret Dubinsky, age 88, you learn a few things. One is that no matter what your resources, you always have enough to share. Margaret tries to get by on the income of her social security check. When her \$15 a month in food stamps runs out, Margaret turns to Manna for a package of nonperishable and fresh food items to help her make ends meet.

Of course, Margaret wishes she didn't have to ask for the help, but she has also learned over the years it is okay to ask, especially when you are willing to help others as you can. She notes that it "Gives you satisfaction when you do good for others." Throughout her life she has volunteered to feed the homeless through her church. Giving to others now, when she is also in need, is a natural extension of how Margaret tries to live her life, keeping a good attitude during adversity. When she opens her Manna box Margaret sometimes finds items that she doesn't plan to use-- she is not particularly fond of beans for example. Also she sometimes receives food gifts from family members but recently had too much peanut butter. Margaret puts those items to the side and the next time she is at Manna she returns the bags, cans and jars. Manna pays that gift forward and shares her "excesses" with other clients.

Manna is proud to have Margaret as a role model, inspiration, and friend.

# A Message from Our Board Chair and Executive Director



"Manna's vision is to be at the center of ending hunger in our community"

Manna Board Chair and frequent volunteer, Julie Heatherly, wears many hats

Dear Friend of Manna,

It has been a tremendously busy and fulfilling year at Manna Food Center, and we want to share what good you have helped make possible. In this Annual Report you'll read that we touched the lives of 38,994 Montgomery County residents, sharing 3,905,697 pounds of food. Through our Karen Goldberg Smart Sacks program, we helped 2,201 students avoid weekend hunger. On any given day, 175 of your neighbors received a Manna package at our Gaithersburg warehouse or one of our distribution sites around the County, including a new pantry in Silver Spring.

Looking at our financial statements for the year, you will see that Manna made significant investments in new technology and hired talented new staff. These were necessary enhancements that will help us to do a better job serving more of our neighbors who are experiencing hunger. These investments in our future were made possible thanks to your generous contributions.

Numbers and policies, though, only go so far in explaining the experience of hunger and the strategies implemented through our work. For this annual report, we highlight the stories behind the statistics. Read along as you learn what senior hunger is like for an 88 year old client (featured on the inside cover), who also pays her Manna boxes forward. Meet Victor, who has served on our operations team for more than a dozen years. Learn about our supporters from Mid-Atlantic Federal Credit Union, who designated us as their "charity of choice" this year.

Manna's vision is to be at the center of ending hunger in our community, and we know we can't do the work alone. Thank you for being part of our story and for making our work possible.

Sincerely,

Julie Heatherly

Chair, Board of Directors

Jul Heatherly

Jackie DeCarlo
Executive Director

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# The Impact and Scope of Our Work

#### Accomplishments from FY 2014

- Local Households Served through the Food for Families Program: 11,827
- Neighbors Served through the Food for Families Program: 36,793
- Grand Total of Manna Boxes Distributed through the Food for Families Program: 45,113
- Elementary School Students Served through the Goldberg Smart Sacks Program: 2,201
- Smart Sacks Bags Distributed: 82,429
- Number of Community Volunteer Hours: 71,902 (The equivalent of 34.5 Full Time Employees)

#### **Incoming Food**

- Pounds of Food Donated/Rescued through Grocery Stores, Partners and Wholesalers: 2,386,829
- Pounds of Food Donated by our Local Community Members: 538,423
- Pounds of Fresh Produce from Local Farms and Farmers Markets: 102,486
- Pounds of Food from the Federal Temporary Emergency Food Assistance Program: 360,267
- Pounds of Purchased Food: 200,315

#### **Our Stellar Staff**

In FY 2014, Manna welcomed five new staff, including our Executive Director, Jackie DeCarlo. In addition to many new faces, we have staff like Victor Rojas (featured on our cover) who has been at Manna for 14 years. Victor came to the United States from Peru in 1993 to seek better opportunities in this country. Victor is the type of person who arrives early and produces the work you would expect from two people. It is amazing to watch Victor go from moving pallets around our warehouse to interacting with children who are accompanying their parents as they pick up food. A smile, a few kind words and a new book that Victor found on our book shelf turns what could be a difficult situation for these children into a positive experience for all. Kindness and hard work define Victor and are a hallmark we all strive to reach at Manna. We are proud of the diversity and dedication of our staff who always put the families we serve first, delivering service with a smile.



Jackie DeCarlo, Executive Director Glenwood Dove, Driver Edwin Drijas, Assistant Operations Director Mark Foraker, Director of Development Blanche Hall, Food Distribution Assistant Julio Huacache, Driver Cheryl Kollin, Community Food Rescue Program Consultant Paul Kolze, Warehouse Supervisor Marie Kozlowski, Volunteer Manager Therese Lampe, Development Coordinator Yelba Mojica, Referral Office Manager Alieu Nyass, Warehouse Staff Jamal Ray, Smart Sacks Program Coordinator Curtis Robinson, Driver Tony Robinson, Lead Driver Victor Rojas, Warehouse Staff Lindsey Seegers, Nutrition Educator Ellie Shutak, Referral Specialist Kevin Trostle, Director of Operations Jenna Umbriac, Director of Nutrition Programs Angela Whitmal, Director of Administration

Michael Carter, Driver



Our Amazing
Volunteers Contributed
the Equivalent Time
of 34.5
Full-Time Employees!

Manna has the best volunteers in all of Montgomery County! These amazing people contributed the equivalent time of almost 35 full-time employees helping to keep our costs low and ensuring we always met the daily service needs of our clients. From food drives to distributing food, to answering client phone calls, to harvesting at the farm and farmers markets, to being Manna's voice in the community, to sorting cans and packing boxes, Manna's volunteers do it all. We have dozens of dedicated community volunteers who contribute their time every week without fail.

We are also fortunate to have many amazing corporate volunteer partners. The team at Mid-Atlantic Federal Credit Union (MAFCU) selected Manna as their nonprofit partner for the second year in a row in FY 2014. Not only does MAFCU send volunteers to our warehouse monthly, they are always asking how they can do more. In FY14 the team at MAFCU even purchased and donated a cow to help contribute more food to our programs. From helping with daily food distribution to sending bilingual staff to help with client services, they are a true model for corporate social responsibility. Thank you to MAFCU and the dozens of corporate partners who contribute to our work. Together, Manna volunteers contributed 71,902 hours of service to feed hungry families in Montgomery County. Thank you volunteers—we truly could not do it without you.



# The Food for Families Program

The process of providing food to families at risk for hunger is a multifaceted endeavor that involves daily food rescue and coordinated food distribution at dozens of locations throughout Montgomery County. Every 30 days families are eligible to receive a package of food that averages 70 pounds. The package of food we provide includes nonperishable items, fresh produce, meats, dairy and frozen items when available. We are also able to accommodate religious dietary needs, as well as those who follow a vegetarian diet and people who are living with diabetes (as donations allow). In total, Manna shared 3,905,697 pounds of food with our neighbors. In FY 2014, Manna served nearly 3,760 families per month. That was an average increase of 159 households per month when compared to FY 2013.



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### **Grocery Stores, Wholesalers, Farmers Markets & More**

Each morning, our drivers visit 50 area grocery stores to "rescue food," food that is near its sell-by date or produce that is no longer retail-able but still fresh. Manna ensures these good quality foods are used to fill stomachs instead of dumpsters. Last year, Manna rescued 2,098,936 pounds of food. We are grateful for the support we receive from the grocers, food retail outlets, farmers markets, local farms & orchards listed below that are helping Manna make fresh produce accessible to families who struggle to make ends meet.

Bethesda Co-Op Bethesda Central Farm Market Chocolate and Tomatoes Farm Capital Area Food Bank Clarksburg Town Center Farmer's Market First Fruits Farm Fresh Markets - Rockville Food Lion Russell Avenue Wintergreen Plaza Georgetown Bagelry Giant Food Arliss Street Center

Aspen Hill

Blair Park Arlington Road Crabbs Branch Georgetown Square Westbard Avenue Wisconsin Circle Burtonsville Crossina Colesville Center Shady Grove Germantown Commons Kingsview Village Neelsville Village Center Diamond Square Flower Hill Goshen Crossing Kentlands

Muddy Branch Olney Cabin John Potomac Promenade Montrose Crossing Rockville Town Center Rockshire Village Center Traville Leisure World White Oak University Blvd. Harris Teeter Darnestown Lewis Orchard Kingsbury Orchard Montgomery County

**Public Schools** My Organic Market Norman's Farm Market Olney Artist & Farmer's Market One Acre Farm Pike Central Farm Market Red Wiggler Farm Roots Market Rockville Farmers Market Safeway Goshén Road Redland Blvd Spartan Road Shady Grove Farmers

Market
Shoprite - Silver Spring
Silver Spring Farmers
Market
Fresh Farm Market-Silver
Spring
Sodexo Test Kitchen
Trader Joe's
Whole Foods Market
Bethesda
Chevy Chase
Gaithersburg
Rockville
Silver Spring

# The Karen Goldberg Smart Sacks Program

The Karen Goldberg Smart Sacks program provides food for nutritious meals every Friday for students who may not have another full meal until their return to school on Monday morning. This program not only ensures that these students have access to nutritious foods, but couples this access with recipes, facts, and brain teasers that inspire food preparation and increase nutrition knowledge. In FY 2014, the Smart Sacks program provided 2,201 elementary school children in 57 schools with bags of healthy food for the weekend. The Smart Sacks program is a true collaborative effort; Manna provides the food and coordinates the program, local business and faith and civic groups pick up the food from Manna, assemble the bags and deliver the food to their partner school. The school representative distributes the bags each week to the children participating in the program. Last school year, Manna distributed 82,429 bags of healthy foods. We could not do this without the ongoing support and efforts of our Smart Sacks partners. Thank you for making this possible.

Anonymous RN's ARC of Montgomery County Asbury Methodist/Wilson Health Care ASHA Bethany United Methodist Church Blair High School Calvert Chevy Chase Trust Christ Episcopal Church Colesville Presbyterian Church

**Epworth UMC EU Services** First Alliance Church **Ginger Macomber** Girl Scout #3413 Goddard School Greenridge Baptist Hughes **UMC** Kids of Indian Spring **Layhill Community** Church Liberty Grove UMC Lydia Circle MC-Germantown

MC-Rockville MC-Takoma Park Melvin J Berman Hebrew Sanberger, Inc. Academy Millian Memorial UMC MOST MSC Inc. Nauticon Imaging Systems Next Wave Muslim Initiative Paint Branch High School

**NCNW** PSN, Inc. Sandy Spring Friends School SEEC Seneca Valley High School Service Unit 33-7 Social & Scientific Systems Sodexo St. Mary's School Potomac Valley Section, St. Matthew Presbyterian

St. Paul UMC Chevy Chase St. Paul's UMC Kensington The Little Eastern **Families** United Health Care Wheaton Area Moms Whole Foods Market Montgomery County Woodside United Methodist

# Our Generous Community



In FY 2014, Manna saw record numbers during the winter months and could not have accomplished all that we did in this past year without the generosity of our community. The food and funds you contribute make our work possible. It is amazing and heartwarming to meet the wonderful people who contribute to our work. We appreciate that you trust us to make the best use of your funds to end hunger in the county.

Ms. Bu is an amazing example of the dedication and commitment of the people who support our work. She is also one of the most fascinating people you will ever meet. Ms. Bu started out as a school teacher prior to joining the war effort in the 1940s taking on the role of Rosie the Riveter as she built B-17s. Now into her ninth decade, Ms. Bu still drops off food from the Bethesda Co-Op to Manna twice a week. She has done this nearly every week without fail for approximately 20 years. In FY 2014, she contributed more than 16,000 pounds of food. Thank you, Ms. Bu, you set a very high bar for us all!

We wish we had sufficient space to publicly thank everyone because we treasure every donation, large or small. Due to space limitations, we can only list those people and organizations that contributed at least \$500 or 500 pounds of food last year, or have made an extraordinary commitment to fighting hunger through their volunteer efforts. Please know that every donor and volunteer has our heartfelt appreciation! Thank you!

#### Individuals

Mr. Bryan Aaron Mr. Peter Adams Mr. Adnan Ahmed Mr. & Mrs. Allan Akman Mr. & Mrs. Michael Alewynse Ms. Elena Alvarez Ms. Nasrin Amirtahmaseb & Mr. Mehrdad Dastouri Ms. Joy Ammerman Mr. & Mrs. Harold Amos Ms. Debbie Anderson Mr. & Mrs. Barry Applebaum

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Club Rainbow Community **Development Center** Rockville Chamber of Commerce Share Our Strength The Grand Apartments Tilden Woods Village of Martin's Additions Walter Reed National Military Medical Center Washington Metropolitan Area Corporate Counsel Assn. **WMACCA** Woman's Club of Bethesda

Potomac-Bethesda Rotary Inter-Faith Chapel Mission Brown Station ES Committee Islamic Circle of North America; Sisters'Wings Journey's Crossing Congregation Rockville Farmers' Market Julia Bindeman Suburban Center Kehila Chadasha Congregation

Kehilat Shalom Kol Shalom Congregation Living Faith Lutheran Church Lutheran Church of St. Andrew Montgomery County Mušlim Foundation Montgomery Faith

Fellowship National Presbyterian Church Oakdale Emory UMC

Christ Potomac United Methodist Galway ES Church Redland Baptist Church River Road Unitarian Universalist Church Rockville United Church Saint Mark Presbyterian

Church Seneca Creek Community Harmony Hills ES Church Shalom Kosher Shirat HaNefesh

Shrine of St. Jude Silver Spring Presbyterian Church St. Elizabeth Catholic

Parish St. Francis Episcopal Church

Church Church

St. Patrick's Catholic Church

St. Paul's United MethodistOur Lady of Lourdes Church

Temple Beth Ami Temple Emanuel Temple Shalom

Tikvat Israel Congregation Potomac ES Trinity Evangelical Lutheran Church

True Buddha Temple Maryland Twinbrook Baptist Church Twinbrook Community Church

Unitarian Universalist Church of Rockville Unity Christ Church of Gáithersburg

Gaithersburg Presbyterian Washington Hebrew Congregation

Good Shepherd Lutheran Schools Church

St. George H.O.P.E. Church

Church Congregation Bannockburn ES Belmont ES Benjamin Banneker MS Bethesda Chevy Chase High School Blake HS

**Bullis School** Burtonsville ES Cabin John MS Candlewood ES Cannon Road ES Charles E. Smith Jewish Day School Children's Learning Center Christ Episcopal Day School Clarksburg HS Cold Spring ES Community Science Dr. Charles Drew ES East Silver Spring ES Fallsmead ES Farmland ES Farqhuar MS Fields Road ES French International School Gaithersburg HS Gaithersburg MS

Geneva Day School Georgetown Preparatory School

Prep School Glenallan ES Green Acres School Herbert Hoover MS Highland View ES Judith A. Resnick ES

Kensington Parkwood ES Kingsview MS Lakelands Park MS Lotus Light Charity, True Buddha School McLean School of

Maryland Northwest HS

Catholic School Pine Crest ES Piney Branch ES

Sandy Spring Friends

School Sherwood ES Sherwood HS South Lake ES Springbrook HS St. Jane de Chantal School

St. Mary's School Temple Beth Ami School Tesst College ET Department The Goddard School The Primary Day School

Thomas S. Wootton HS Thomas W. Pyle MS Tilden MS Travilah ES University of Maryland - CIVICUS Living & Learning Program Viers Mill ES Walter Johnson HS Westover ES Wheaton HS White Oak MS William B. Gibbs, Jr. ES William Tyler Page ES Winston Churchill HS

#### **Foundations**

3M Foundation Alice Shaver Foundation Bryce and Harriet Alpern Foundation Choice Foundation **Dart Group II Foundation** David M. Becker and Leslie C. Seeman Family Foundation Doppelt Family Foundation Enterprise Holdings Foundation Faith United Methodist Foundation Gannett Foundation Harris Family Foundation Henry Jackson Foundation Howard & Jacqueline Chertkof Foundation Jordan Pence Memorial Fund Lester Poretsky Family Foundation Lindner Family Foundation Louis & Helen Fanaroff Foundation Macy's Foundation Mead Family Foundation Melamed Foundation Philip L. Graham Fund Propp Family Foundation Ralph S. & Frances R. Dweck Family Foundation Richard E. and Nancy P. Marriott Foundation, Inc. The Sanders Foundation Sodexo Foundation, Inc. Steven J. and Robin Rotter **Family Foundation** TD Charitable Foundation The Bank of America Foundation The Bresler Foundation The Carmax Foundation The Carol and Richard Klinkner Charitable Fund The Moshman Charitable Foundation, Inc. The Partan Foudation The Sidgmore Family Foundation St. Jude Regional Catholic United Way of the National Capital Area Wolpoff Family Foundation, Inc. The Marcia & Thomas Airis Mem. Charitable

Gift Fund

Department

ARC of Montgomery Asbury Communities Bethesda Central Farmers Beth Shalom Market Bethesda Co-Op

Boy Scouts of America, Montgomery County Capital Area Food Bank Clarksburg Farmers Market

Corporate Volunteer Council of Montgomery County

Cub Scouts of America, Montgomery County DC Metro Sai Samsthan Erick's Hope, Inc. First Fruit Farm

**Future Vote** Gaithersburg Germantown Chamber of Commerce Garden Club of College

Gardens GFWC Metropolitan Club of MC

Girl Scouts of America, Montgomery County growingSOUĹ

John Hopkins OSHER Program Kids Ăgainst Hunger

Kids Helping Kids Campaign King Farm

Knights of Columbus -Council 2323 Leadership Montgomery Leisure World

Medi Volunteers Montgomery Alliance for Community Giving Montgomery County

Master Gardeners Montgomery County Muslim Foundation

MSI Soccer National Council of Jewish Greek Orthodox Church of Ashburton ES Women

NIH Graduate Partnership Nourish Now Olney Farmers & Artists'

Market Olney Lions Club Wounded Warriors

Community Organizations Faith-Based Organizations Pilgrim United Church of

Adat Shalom Congregation BBYO Congregation Bethesda Jewish Congregation B'nai Israel Congregation Calvary Evangelical Lutheran Church

Capital Chinese SDA Church Cedar Lane Unitarian Universalist Church Christ Church Parish of Kensington Christ Manor Church

Christ the Servant Lutheran Church Church of Christ at Manor St. James Episcopal Woods

Church of Jesus Christ of St. Jane De Chantal Latter-Day Saints Church of The Redeemer Colesville Presbyterian

Church Congregation Beth El

Congregation B'nai Tzedek Congregation Har Shalom

Congregation Machar Darnestown Presbyterian Church

**Emmanuel Lutheran** Church **Episcopal Church of Our** 

Savior Epworth UMC Faith Presbyterian of Olnev

Faith United Methodist Church

Church Global Mission Church

Hermon Presbyterian

In Christ Washington

Georgetown Visitation

Kennedy HS

Montgomery College North Chevy Chase ES

Northwood HS Norwood School

Poolesville HS Quince Orchard HS Redland MS

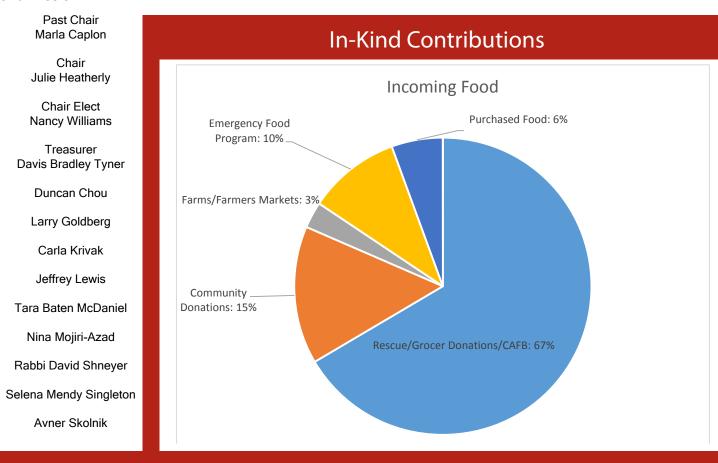
Richard Montgomery HS Rolling Terrace ES Ronald McNair ES Rosemary Hills ES S. Christa McAuliffe ES

School

Woodlin ES

#### The Fiscal Year 2014 Manna Board

We are grateful for the many hours of service our dedicated, committed, and caring volunteer Board of Directors provide to ensure that Manna fulfills its mission: to provide food assistance, education and advocacy for our neighbors experiencing hunger and food insecurity in our community. Thank you for your dedication to our work and mission!



# INCOME

Fiscal Year 2014 Financial Overview

INCOME		EXPENSES	
Montgomery County Government	\$ 235,873	Salaries	\$ 896,640
Cities of Rockville & Gaithersburg	\$ 74,000	Benefits/Payroll Taxes	\$ 140,849
Maryland & Federal Government	\$ 17,171	Warehouse/Food Storage	\$ 304,996
Individuals	\$ 406,839	Food Collection & Distribution	\$ 282,421
Faith-Based Organizations	\$ 74,894	Accounting/Insurance/Fees	\$ 80,149
Corporations	\$ 153,120	Office/Postage/Printing	\$ 72,305
Foundations	\$ 202,131	Other	\$ 66,01 <u>5</u>
Workplace Campaigns	\$ 205,761	Total	\$ 1,843,411
Thanksgiving Hunger Drive	\$ 542,746		
Other	\$ 18,190		
Total	\$ 1,930,825		

In keeping with recommended best practices, Manna contributed \$87,414 to our reserve fund at the close of FY14. A portion of these funds will be used for technology upgrades and capacity enhancements in FY 2015.

Manna's audited financial statements & 990 are available on our website at www.mannafood.org or can be received by mail by contacting our office at 240.268.2534.



FY 2014 Annual Report www.mannafood.org

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#### Did you know this about Manna Food Center:

- Since 1983, Manna has distributed more than 51.2 million pounds of food to those experiencing hunger in Montgomery County, Maryland.
- On average, Manna provides food to 3,750 households each month!
- Every Friday during the school year, 2,300 elementary school children in 58 public schools receive food from Manna to ensure that they will return to school on Monday properly nourished and ready to learn.

Please use the enclosed envelope to make your donation to feed Montgomery County today. You can also make a safe and secure contribution online at **www.mannafood.org.**Manna Food Center's 501(c)3 tax ID # is 52-1289203. Thank you very much for your support.

United Way #8846 CFC #23028

A Special Thank You to Marleen Van den Neste for the Contribution of Photography for this Report.

